



Foodies flock to the Roman

New Saturday food market tickles the tastebuds

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Charlie's life through a lens

Photographer inspires Morpeth students

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Eggs-traordinary art for Easter

Egg hunts, outdoor adventures and some rather natty bonnets

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ISSUE 1098 4 - 17 APRIL 2016

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TOWER HAMLETS

eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Harca backs down over parking hike

BY JESSICA ODUBAYO

THOUSANDS of Poplar residents are claiming a victory after a social housing landlord reversed a decision

to more than double parking costs on its estates.

Poplar Harca had planned to increase the cost of residents' parking from April 4. Charges for a parking space were to rise

from £1.96 to £7 per week for tenants and leaseholders; and from £2.35 to £15 per week for individuals unnamed on the lease or tenancy.

The cost of a book of ten scratch card

permits was set to increase from £10 to £35.

Residents described the proposals as 'excessive' and said Harca had not consulted them about the move.

A petition against the plans, started by Lansbury Estate resident Deana Clarke, was signed by 665 people and presented to Poplar Harca last Tuesday. Residents also organised protests and wrote to the landlord.

In response Andrea Baker, Harca's director of housing, said the board had agreed to revise its plans and would now

increase the charges to £4 a week for a parking bay; £12 a week for a garage and £2 a week for a pram shed.

But Deana, who lives with her parents, said she might still be forced to surrender her parking space.

"I completely understand that Poplar Harca need to make some increases in order to gain money back which it is currently losing, although I think it is disgusting to make such an extortionate increase," Deana told East End Life.

■ continued on page 5

SEND HIM TO THE TOWER!



A new Beefeater has taken up his post at the Tower of London. Lawrence Watts will join 36 other Yeoman Warders at the world-famous heritage site. See page 7 for the full story.

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Foodies' heaven
The new Roman Road food market sells artisan bread, fresh meat and vegetables, and lots of street food.



150 years and still going strong
Roman Road street market runs from 10am-4pm, Tuesdays and Thursdays, and 9am-5pm on Saturdays. The Roman Road Trust market runs on Saturdays at the corner of St Stephen's Road.

SEE BELOW

News

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Tuck in down the Roman

BY NEHA SHAH

ONE of the East End's best street markets now has fresh food stalls every Saturday to complement its existing traders.

Roman Road is one of the borough's oldest high streets, with its famous market open on Tuesdays, Thursdays and Saturdays.

Now, on Saturdays, a new market, run by the Roman

Road Trust, has opened on the car park at the junction of the Roman Road and St Stephen's Road.

The new venue sells artisan bread, bakery products, fresh meat, dairy and a wide range of vegetables.

Roman Road market has been running for more than 150 years. It sells mostly affordable or discounted women's fashions and homewares.

While the market has always been buzzing, organisers

hope that the new products on offer will make the area even more of a draw for shoppers.

The Roman Road Street Market runs from 10am-4pm on Tuesdays and Thursdays and 9am-5pm on Saturdays and is located on Roman Road.

To find out more visit www.towerhamlets.gov.uk/markets

For more information on the new market, visit www.romanroadtrust.co.uk



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Surgeon delivers life-changing care

Mercy Ships seek to transform the lives of individuals such as 46-year-old Lydia, a successful facial tumour patient, pictured left with Hilary Cheng.

WWW.MERCYSHIPS.ORG.UK

Memorable moment

“Seeing the joy that overcomes the patient once their deformity is removed is such a special moment.”

DR LEO CHENG

News

Husband and wife set sail on Africa Mercy mission

BY JESSICA ODUBAYO

A WHITECHAPEL husband and wife are volunteering to help one of the poorest communities in the world, when they set sail on a hospital ship this month.

Dr Leo Cheng, a consultant oral, maxillofacial, head and neck surgeon at the Royal London Hospital, and his wife, Hilary, a Methodist Church minister, are set to visit Tamatave in Madagascar.

The couple will join the Africa Mercy, a 16,500-ton converted hospital ship.

On board, Dr Cheng will perform surgery on patients including children and adults suffering from large thyroid, head and neck tumours, and serious wounds, who have never received any kind of healthcare.



Dr Leo Cheng with his wife Hilary in front of the Africa Mercy

Hilary will be serving as a chaplain, supporting patients through their life-changing journeys.

The trip will be the 13th time

aboard the Africa Mercy for Leo, and the fourth time he has volunteered with his wife.

On previous visits daughters, Kat and Zoe, have joined the

couple, who are giving up two weeks of their annual leave to volunteer their time and skills.

Africa Mercy is operated by international charity Mercy

Ships and offers free healthcare and humanitarian aid to some of the world's poorest people.

All volunteers pay to be on the ship, meaning that the Chengs are financing their own travel, accommodation and other expenses.

Leo said: “So many of the patients I meet on board are trapped behind their facial tumours and, from my experience, the healing process begins when you show them a bit of human contact and acceptance.

“Seeing the tremendous joy and happiness that overcomes the patient once their tumour or deformity is removed is such a special moment to witness.

“The atmosphere is truly electrifying, because everyone on the ship is there to bring hope and healing to patients.”

News in brief

Accident appeal

POLICE are appealing for witnesses to a fatal collision between a coach and a pedestrian in Bethnal Green.

Emergency services were called to Mile End Road, near Stayners Road, E1, at 11.35pm on Thursday, March 24.

Police and the ambulance service attended, and the 39-year-old pedestrian was taken to hospital in a critical condition. He died on Sunday, March 27.

The coach stopped at the scene. The driver was not arrested.

Anyone with information should call the serious collision investigation unit on 8597 4874.

Mayoral election

A LIST of candidates who will stand to become the Mayor of London for the next four years, has been published.

It can be found at www.londonelects.org.uk

On polling day, on May 5, voters will receive three ballot papers – one for the mayor, one for London-wide Assembly members and one for constituency Assembly members.

Polling stations will be open from 7am to 10pm.

The last day to register to vote in the elections is April 18.

You can apply for a postal vote by contacting the council's election team before Tuesday, April 19.

Email vote@towerhamlets.gov.uk or call 7364 0872 (8am-5.30pm).

Residents' frustration over boiler misery

HUNDREDS of frustrated residents demanded an emergency meeting with their social housing landlord last week, after they endured more than two weeks without heating or hot water in their homes.

Maureen Whittham, secretary of

Phoenix Court residents' association, said residents were at the end of their tether after communal boilers broke down at the Isle of Dogs housing block.

Maureen said residents, including older people in sheltered housing flats, were unable to have a hot shower or heat their homes throughout Easter.

“I've contacted the head of housing, chief executive, contractors and housing officers and want to know how they are dealing with the matter,” Maureen said.

A statement from housing provider East Thames Group, which owns and manages Phoenix Court, said: “We are currently working on restoring heating

and hot water to Phoenix Court and apologise sincerely to everyone affected.

“Having thoroughly investigated the situation we have decided to replace the existing boilers, as well as adding four additional boilers to the block, which will greatly decrease the chance of this happening again in the future.”



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Wizzie Wizzie Club

Computer coding classes for kids take place every Saturday until June 11 at Rochelle School, Bethnal Green.

[HTTP://WIZZIEWIZZIE.ORG](http://wizziewizzie.org)



Vicky Park to host Lovebox

This year's Lovebox music festival will be on Friday and Saturday, July 15 & 16. Acts include Major Lazer, Run the Jewels, LCD Soundsystem, Jungle and George Clinton.

[LOVEBOXFESTIVAL.COM](http://loveboxfestival.com)

News

News in brief

New Rich Mix boss

RICH Mix, the independent arts venue in Bethnal Green, has appointed a new chief executive.

Eddie Berg worked at the British Film Institute for ten years and is also the founder and former chief executive of the Foundation for Art and Creative Technology in Liverpool.

Eddie said Rich Mix was a central part of the cultural life of east London.

"There will be much work to do over the next ten years. I'm delighted to be joining the organisation at such an exciting time," he said.

Health feedback

LOCAL people are being invited to share their views on improving the mental health and wellbeing of children and young people.

NHS Tower Hamlets Clinical Commissioning Group will be holding events on Thursday, April 7, from 11am-2pm, and Thursday, April 14, from 4.30-6.30pm.

Participants can share their views on plans including a mental health awareness campaign, a web-based information portal and a community eating disorder service.

The events will take place at the Osmani Centre, 58 Underwood Road, Whitechapel, on April 7 and Chrisp Street Idea Store, 1 Vesey Path, East India Dock Road, Poplar on April 14.

Visit www.towerhamletsccg.nhs.uk

Job satisfaction... and no debts

BY MICHAEL DIOP

THE council continued its commitment to opportunities for local people during National Apprenticeship Week from March 14-18.

The theme of this year's campaign was 'Get in. Go Far' and highlighted how apprenticeships provide a positive way of gaining the skills and experiences that can lead to a great career.

In the last year alone, more than 2,600 local people started new apprenticeships with local partners and employers across a wide range of sectors including business administration, social care and construction.

The council has supported hundreds of young people into employment through its own apprenticeships

The courses on offer reflect future workforce needs and more recent schemes have included social media, ICT, customer services, information, advice and guidance, and facilities management.

A key message for the week was to show how apprenticeships can support small and medium-sized companies that are looking to expand.

In many cases there will also be subsidies available for



Chesnei Monrose (third from right), who now has a permanent position as a contact centre adviser at the council

companies taking on apprentices for the first time.

After completing her GCSEs, Chesnei Monrose was initially encouraged to move onto A levels. After a few months she realised that this was not the best route for her and she wanted to start a career.

Chesnei enrolled on a college course level 1 apprenticeship in business administration. This opened her eyes to how it was possible to start a career in a way which provided an income while she learned, and also avoided student debt.

She successfully applied for

I have gained so much experience in different areas of work."

Chesnei Monrose

a level 2 apprenticeship at the council and started in September 2013, initially within the public health team.

Once she successfully completed level 2, Chesnei was interviewed and got a level 3 apprenticeship within economic

development; she transferred to an apprenticeship in information, advice & guidance.

In this position Chesnei worked in the community, supporting people with multiple barriers to employment. She particularly enjoyed seeing people gain confidence as they got into work.

Her continued hard work and commitment has led to a permanent position as a contact centre advisor in the council's employment and skills centre in Upper Bank Street.

Speaking about her experiences, Chesnei said: "Starting

my career with an apprenticeship at the council is the best thing I could have done. I have gained so much experience in different areas of work which enabled me to decide what job I really wanted.

"I have gained qualifications and don't have a big university debt to pay off. I have now secured my first permanent role.

"I would like to thank the apprenticeship team for all their support."

For information on apprenticeships call 7364 2246 or email apprenticeships@towerhamlets.gov.uk

Cool kids crack computer coding

A GROUP of children have built working computers in Canary Wharf and are now successfully cracking the secrets of computer coding.

In a pilot six-week course at Quay Code Club, children aged 5-13 have been on a creative digital journey.

Parents are already seeing how the course is helping to support their children's school work, as well as boosting their confidence and digital technology skills.

Inventors Club Whitechapel started the course in February, using equipment donated by local technology business Kano and supported by the council's

enterprise team. Organisers are hopeful more courses will be available in future.

Adil Ullah, aged 6, said: "I loved the Inventors Club. It was really exciting building a computer's brain!"

Iram Rayan Umar, aged 8, said: "I thought it was going to be difficult but, with all the help I got, it became easier, and I enjoyed it very much."

The children will celebrate their achievements in an awards ceremony.

If you would like to attend or would like details of future courses, call 7364 4458 or email code.club@towerhamlets.gov.uk

■ PARENTS and carers are invited to enrol children aged 8-14 for free computer coding classes.

The Wizzie Wizzie Computer Coding Club is held at Rochelle School, Arnold Circus, Bethnal Green and will run every Saturday until June 11.

The club introduces children to computer programming so they can make their own games and do other cool stuff. Tutors are professional programmers and are police checked.

Visit <http://wizziewizzie.org> to register. For more details email Milverton Wallace at milverton@diversedigital.org

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ENVIRONMENTALHEALTH@TOWERHAMLETS.GOV.UK

Over-50s tea dance

The council is hosting a tea dance with live music on Wednesday, April 20, at the Mile End Park Art Pavilion.

SEE BELOW FOR BOOKING DETAILS

News

Harca backs down over parking hike

■ continued from page 1

Ms Barker said HARCA has experienced a massive fall in anticipated income.

She added: "In 2008 when controlled parking was introduced, the charge for a bay was £1.49 per week and in the past eight years the cost has increased only marginally.

"Drivers have benefited from lower charges than are available elsewhere in Tower Hamlets, and certainly far lower than a private contractor would charge.

"The new charges are still competitive and residents will continue to benefit from some of the cheapest parking in Tower Hamlets."

"We have recognised that, year-on-year, the increase in parking charges was high, and understand the strength of residents' feelings and the difficulties an increase will cause for some."

Charity game

EMERGENCY relief charity The Human Relief Foundation has organised a football match to raise awareness of needy causes around the world.

On Saturday, April 30, two teams will compete while trying to raise funds for a water well and 25 cataract operations.

The teams consist of people who live, work or volunteer in Tower Hamlets and will be captained by Akik Miah and Emdad Rahman from Stepney Football Club.

Go to www.justgiving.com/hrfffootball to offer support.



JOIN in free festivities to mark St George's Day and celebrate the Queen's 90th birthday. The council will be hosting an over-50s tea dance on Wednesday, April 20, at the Art Pavilion in Mile End Park with live music from swing specialists The Sunshine Kings. The hall will be decorated with spring flowers and bunting and tea will be provided. The event, which takes place from 2-4.30pm, is free but booking is essential. To book a place call 020 7364 7900 between 9.30am and 1pm or email festivalsandevents@towerhamlets.gov.uk On Saturday, April 23, from 11.30am-4.30pm, you can enjoy traditional games and entertainment at the Museum of Childhood in Cambridge Heath Road, E2. There will be music and dance from the Trad Academy and Becontree Brass Band and soaring harmonies from the Hackney Voices Choir. Hands-on activities include making a card fit for a Queen. No booking is necessary, just turn up on the day. For more details call 8983 5200.

Help for rough sleepers

THE council is working with The City of London Corporation and Hackney Council to launch a project to prevent people from sleeping rough

No First Night Out follows research by homelessness charity St Mungo's, which included interviews with 34 new rough sleepers.

Specialist No First Night Out housing officers

will work with local authority housing and social care teams – as well as religious organisations, medical, legal and employment services – to identify those at risk.

The service will be advertised in Job Centre Plus, Probation, Citizen's Advice and local libraries, churches and mosques and complements the existing No Second Night Out initiative.

Landlord put his tenants at risk

BY SHALINA HUSSAIN

A LANDLORD has been found guilty of serious health and safety breaches, which put his tenants in danger.

Anaul Qader Choudhury of Susannah Street, Poplar, rented out a property on Blackthorn Street, Bow.

Following an inspection by the council's environmental health team, Choudhury was served an improvement notice to rectify serious hazards, which included lack of a proper fire alarm system, insufficient

kitchen facilities, loose light switches and electrical wiring, and a bed bug infestation.

Walthamstow Magistrates' Court heard he failed to fully comply with the notice in the time required, putting tenants at risk.

Choudhury was also required to obtain a house of multiple occupation licence for the property, but failed to do so and was also found guilty of this offence at Walthamstow Magistrates' Court.

Chair of the bench Patrick Weeks said Choudhury did not act as a responsible landlord

and had taken a long time to only partially comply.

He had also ignored information from the council, said Mr Weeks.

Julie Liu, principal environmental health officer at the council, said: "It is important landlords have the necessary safety measures in place to protect their tenants.

"We only take enforcement action as a last resort. For landlords to flout the law is irresponsible and dangerous."

The case has been scheduled for sentencing at Snaresbrook Crown Court.



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Travel not a problem

After the merger, students will not have to travel between the colleges unless they choose to do so.



Merger will create opportunities

The merger of Tower Hamlets and Hackney Community colleges will employ up to 800 staff, have a combined turnover of about £42 million and cater for up to 17,000 students.

SEE BELOW

SEE BELOW

News

Places such as Tech City have accelerated business and industry growth in east London. Now, the borough's further education sector is set to get bigger and better as Tower Hamlets College merges with its Hackney counterpart.

Jessica Odubayo spoke to college principal Gerry McDonald.



TOWER Hamlets and Hackney Community colleges will retain their current names, campuses in each borough, and branding when the merger goes through on August 1.

Gerry McDonald has been appointed chief executive and continues in his role as principal of Tower Hamlets College.

The boards have also agreed that a fixed-term, part-time merger adviser role will help and support management. Hackney College principal Ian Ashman will undertake the role until the end of the year.

The colleges described the merger as "a partnership of equals that brings together two very strong organisations, which play vital roles in their local communities".

A partnership of equals to benefit both communities

PRINCIPAL Gerry McDonald is convinced of the benefits the merger of Tower Hamlets and Hackney Community colleges will bring to east London.

Coming into effect on August 1, he believes that the new merged institution of further education would have a more powerful voice in its sector.

The principal said students will have more opportunities to gain higher qualifications, there will be reduced costs and the colleges will retain their local branding and names.

"People may not know what further education is about – not only do we run courses and apprenticeships for a large number of young people, we are a massive provider of English as a second language (ESOL) training and we also run courses for adults and work with employers such as Canary Wharf," he said.

Mr McDonald said the merger would be a coming together of equals as both colleges have good OFSTED ratings. The board of governors will be made up of an equal number from Tower Hamlets and Hackney.



Principal of Tower Hamlets College Gerry McDonald

The new college will employ up to 800 staff, have a combined turnover of about £42 million and cater for up to 17,000 students including adults and 16- to 18-year-olds.

"We will be able to speak with authority on behalf of the sector – we are a strong player who knows a lot about what we are doing," he said.

Initial concerns by staff at Tower

Hamlets College about potential redundancies were allayed at a special day event for employees.

"We've convinced and reassured staff that the merger is a good idea and they've responded positively," Mr McDonald told East End Life.

Residents, businesses and other stakeholders have also taken part in a series of consultations.

"People were worried that we would close a site – we have no plans to do so. Students will not have travel from Tower Hamlets to Hackney and vice versa unless they choose to, and we will not lose our community identity," he stressed.

Mr McDonald said the merger also offers a good opportunity to develop the skills of east Londoners and prepare local people for employment opportunities with big employers such as Canary Wharf and Tech City.

"We've started planning and looking at our joint budget and the massive opportunities that are open to us to make further education a powerful part of the local economy," he stated.

Drivers look out for riders

Riders look out for drivers





What's your beef?

It is thought Yeoman Warders were nicknamed Beefeaters because their position in the Royal Bodyguard permitted them to eat as much beef as they wanted from the king's table.

WWW.HRP.ORG.UK/TOWER-OF-LONDON

United against terror

The Council of Mosques represents a diverse membership of local mosques, cultural and Islamic centres.

WWW.COUNCILOFMOSQUES.COM

News

Dream job for history buff

BY JESSICA ODUBAYO

A NEW Beefeater has been welcomed at the Tower of London.

Lawrence Watts has taken up the role of Yeoman Warder after 23 years of service in the Army.

Over the next few months, he will learn word-for-word the 'story' – the script of the famous Yeoman Warder tour – before being allowed to lead visitors round the Tower himself.

He will also become familiar with each of the 21 separate duties that the warders conduct each day, such as answering historical questions, helping visitors and having their photograph taken.

He will take part in various traditional ceremonies such as the ceremony of the keys, which has been conducted each night for at least 700 years.

Left: Lawrence Watts served in the Army for 23 years before landing his dream job

Lawrence joins 36 Yeoman Warders who live at the Tower with their families. The warders are descended from the ancient band who guarded the gates and royal prisoners, early in the Tower's history.

Modern warders are still members of the Queen's bodyguard. They are all former warrant officers from Her Majesty's Forces with service records of at least 22 years. Today they combine their traditional ceremonial role with a love of history to make the past come to life for visitors.

Lawrence, 41, said: "I've always been fascinated with history, in particular military history.

"In my first week at the Tower of London I'd already learnt a thousand things I didn't know before! Now I've got the mammoth task of learning over 900 years of the history of the Tower.

"Very few people have a chance to be a part of living history so becoming a Yeoman Warder really is a dream job."



News in brief

Mosques condemn 'heinous' killings

A COALITION of mosques in Tower Hamlets has condemned the terrorist attacks in Brussels, describing the killings as heinous and horrific.

In a statement issued on Tuesday, March 22 – the day of the attacks – Hira Islam, secretary general of The Council of Mosques, Tower Hamlets, expressed heartfelt condolences to families of the victims, as well as to the people and government of Belgium.

The statement said swift action should be taken to apprehend the perpetrators and bring them to justice.

Two care providers 'need to improve'

TWO adult care providers have been rated following recent inspections by the Care Quality Commission, the independent regulator of health and social care in England.

Under the CQC's programme of inspections, adult social care services are being given a rating according to whether they are safe, effective, caring, responsive and well led.

RA Care Services, of Hessel Street, Whitechapel, was rated inadequate, and Focus Care Link, of Bow Road, was rated as 'requires improvement'.

Deborah Ivanova, interim deputy chief inspector for adult social care in London and the south, said: "People are entitled

to services which provide safe, effective, compassionate and high quality care."

Ms Ivanova added: "If we find that a service requires improvement, we will expect them to provide us with a full plan setting out how they will address the issue.

"We will return in due course to check that they have made the required improvements.

"Providers of those services should take the publication of the inadequate rating as a signal that immediate action is required to improve the service."

Replacing gas pipes will affect traffic

ENERGY company National Grid is holding an exhibition on the gas mains replacement work it is due to carry out in Commercial Road, E1.

Between May 9 and mid-September, engineers will start replacing ageing metallic gas mains with new pipes.

The work will take place in the westbound lane of Commercial Road, between Back Church Lane and Belgrave Street, Shadwell.

Traffic management systems will be implemented and some bus stops and loading bays will be suspended.

The exhibition is at the Victoria Suite, Holiday Inn Hotel, Commercial Road, E1 on Tuesday, April 5, from 12noon-8pm.

Call 0800 3898261 or email nationalgrid@londongasmains.co.uk

Cup kicks off in Mile End

FOOTBALL fans are in for a treat as the Mayor's Cup 2016 tournament kicks off.

The East End has a long footballing history. Over a century ago, the dockers and ironworkers from the area formed both Millwall and West Ham United football clubs.

The heat stages for the youth and adults categories took place on April 2 and 3. Heats for junior teams will take place on Saturday, April 9 at Mile End Stadium in Rhodeswell Road with finals in the afternoon.

The finals for the youth and adult teams will be held on Sunday, April 10 at Mile End Stadium from 10am. Come along and support your local team.

Last year's tournament attracted more than 80 teams and 1,500 spectators.

Visit www.towerhamlets.gov.uk/sports



THE Queen's representative in Tower Hamlets is retiring after 22 years service.

Commander John Ludgate (pictured left), the borough's deputy lieutenant, received thanks and praise from Mayor John Biggs, the Speaker of the council Cllr M.A. Mukit MBE, political group leaders, councillors and council officers as he bowed out on Wednesday, March 23. He was commended for his work at civic and official functions, working tirelessly to promote voluntary and charitable activities.



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For your information

Parking to pest control,
housing to hate crime

TURN TO PAGES 20 & 21



Discounts and offers with THMs card

Get your free Tower Hamlets Mums card to sign up for money-saving offers and great money-saving deals with local businesses across the borough.

WWW.TOWERHAMLETSMUMS.COM

Useful information

Making the most of what's on offer

News from Tower Hamlets Mums

SPRING has sprung and Tower Hamlets Mums (THMs) website is filled with ideas on how to get out and about with the family and make the most of the lighter, brighter months.

Take a look at our outdoor highlights below and visit www.towerhamletsmums.com for great local ideas.

Don't forget to sign up for your free THMs card and start saving across the borough.

Weekly sports

Why not sign the little ones up to a weekly sports session for the summer term?

Kiddikicks football and Kids Try Time Rugby both take place in Victoria Park every Saturday.

Plus, all THM members are entitled to a free rugby trial at Try Time or a free footie kit (T-shirt and shorts) when you sign up for a term at Kiddikicks with your THMs card.

Visit www.towerhamletsmums.com/membership

Go Wild!

Spitalfields Farm runs a Wild Club every Saturday for four- to 12-year-olds, where children can enjoy the outdoors and get involved in nature-inspired arts and crafts.

Activities are tuned to the seasons, so expect lots of spring-themed workshops such as making animals out of clay and decorating pots in preparation to plant bulbs.

Workshops run from 10.30am-12noon for ages 4-7 (parents to stay on the farm); 1.30-3pm for ages 8-12.

Visit www.spitalfieldscityfarm.org/wildclub

Yard Market

Bow's ever-increasing yummy mummy neighbourhood is now

home to the new Roman Road Yard Market on Saturdays from 10am-4pm.

Bring your friends and family and browse designer, craft and vintage stalls as well as tasty street food and live music from local musicians.

The market is in Roman Road car park, E3. Visit <http://romanroadlondon.com>

Urban Wheelers

Older children will love this high-energy, free event in Victoria Park's wheel park during the Easter holidays.

Test out your skating and BMX skills, get a free BMX or skateboarding coaching session, plus a graffiti wall and a smoothie bike will both be making an appearance.

The Urban Wheelers Jam runs from 11am-3pm on Wednesday, April 6.

Visit www.towerhamlets.gov.uk

Depart

Look out for Spitalfields Music's Depart this June.

Spook and inspire the kids at the same time by bringing them to this spectacular show in Tower Hamlets Cemetery Park at dusk.

Haunting sights and sounds and unexpected encounters await you in this live outdoor performance incorporating light, shadows and live music from choirs around east London.

Depart is from June 16-26, nightly at 9pm, at Tower Hamlets Cemetery Park, Southern Grove, E3. Tickets are £20 (£15 concessions).

Visit www.spitalfieldsmusic.org.uk

Mums Card

Sign up for the THMs card for special offers and great money-saving deals with local businesses across the borough.

Visit www.towerhamletsmums.com/membership

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannafoord Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9.30am-3.30pm. 7364 6489

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration.

Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14. 7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14. 7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm. Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Awards recognise year of achievement

ELT Youth Project provides activities for young people in Mile End and is funded by the council's youth service, BBC Children in Need, Eastend Homes and The Jack Petchey Foundation.

Lovebox music festival

Lovebox takes place on July 15 & 16. Acts include Major Lazer, Run the Jewels, LCD Soundsystem and George Clinton.

SEE BELOW

News

Mile End youth project celebrates its success

BY JESSICA ODUBAYO

A YOUTH project that provides activities for young people in Mile End gathered parents, funders and celebrities to celebrate its achievements over the past year.

More than 50 people attended the East London Tabernacle (ELT) Baptist Church youth awards evening on March 4.

The evening started with a game of human bingo before visitors spoke about their experiences as part of ELT's weekly youth club sessions.

Participants also showed photos of activities they had taken part in over the past year.

Highlights included the introduction of the Duke of Edinburgh Award scheme, girls' club visits to Cooper's Court care home and young people from Bede Estate, Mile End getting their first taste of camping.

ELT clubs have also provided a range of activities including fishing on the Isle of Wight, a two-day snowboarding course and



The ELT youth project provides a host of activities for Mile End's young people

outdoor adventures such as rowing and sailing.

Rapper A Star performed on the night and spoke passionately about his own experience of growing up in east London.



"Be true to yourselves and don't give in to peer pressure," he urged the young people, before giving out club awards.

Gold medallions were presented to Jack Petchey Achievement Award winners Nadira Hussain, Fatiha Guerguer, Joe Norwood and Abul Bashir.

Youth worker Alice Anderson was presented with a Jack Petchey Leader Award in recognition of her work with the girls' after-school club.

Rapper A Star who performed on the night

Lovebox's open air gym

IF the thought of hitting the gym sends you into a cold sweat, then why not try working out in the great outdoors.

Residents can benefit from training in the fresh air at the new outdoor gym in Victoria Park, courtesy of Lovebox Festival.

Budding gym bunnies should head down to the running track by the Hub Café, where you will find everything you need for a complete workout without having to fork out on membership fees.

The equipment can be moved to other parts of the park when the site is in use for festivals.

Stephen Murray, head of arts, parks and events, said: "We would like to thank Lovebox for this gift, as the equipment is already proving

popular with park users and is a great way to keep in shape in the great outdoors."

Lovebox began as a club night in 2002 in Brick Lane but the park has been its spiritual home for the past 11 years.

Previous headline acts have included Groove Armada, Jamiroquai, Sly & The Family Stone, The B52s, Blondie, Duran Duran, Florence and the Machine, Grace Jones, Soul II Soul and Cypress Hill.

In addition to the new gym, the park offers cafés, playgrounds, sporting facilities and a skate park.

Lovebox will return to Victoria Park on Friday and Saturday, July 15 & 16. For the full line-up visit <http://loveboxfestival.com>

News in brief

Playing with genes

A VIDEO game that encourages players to take part in a genetics study is available to download.

Gene Quest puts the player in the shoes of a scientist exploring east London looking for people with genes that may hold the clue to curing illness.

It has been launched as an app by Centre of the Cell, Queen Mary University of London's biomedical science public engagement project.

The game was developed in partnership with the East London Genes & Health project, one of the world's largest community-based genetics studies, aiming to improve health among people of Pakistani and Bangladeshi heritage.

Players collect saliva samples to try and find gene knockouts, emulating scientists at QMUL who aim to collect samples of 100,000 people in east London.

In addition to teaching the science behind genes and health, Gene Quest also explores ethical issues.

Go to www.centreofthecell.org for further information.

GP's bill of health

A DOCTOR'S practice in Bow has been rated 'good' following an inspection by the independent regulator of health and social care in England.

The quality of care provided by Dr Ashok (AK) Rana of Merchant Street was highlighted in a report by the Care Quality Commission.

Under CQC's programme of inspections, England's GP practices receive a rating according to whether they are safe, effective, caring, responsive and well led.

After more than 3,000 assessments, inspectors have found that most care is good.

Do you have an idea for a NEW SOCIAL ENTERPRISE but need funding to set up?

The Beyond Business Programme, Bromley by Bow Centre are offering start up funding for new or emerging Social Enterprises across Tower Hamlets, Hackney and Newham. The Social Enterprise must be located in those Boroughs.

What is the Beyond Business Programme?

Beyond Business has already launched a network of 60 plus successful Social Enterprises in the East End and provides:

- Start up funding,
- Strategic and business planning guidance, and
- Practical business support including training, mentoring and pro-bono legal services.

Is my idea for a Social Enterprise eligible?

To be eligible for a start up grant of up to £17,000 your idea for a Social Enterprise must:

- Have a clear social purpose and outcomes, such as employment for people with barriers to work, youth training, healthy living and local environment improvements.
- Have a sound business proposition and the potential to be financially sustainable without reliance on grant funding.
- Be able to legally set up and start trading by end January 2017.

How will Applicants be assessed?

- **Stage 1:** Applicants submit an expression of interest form for a panel review.
- **Stage 2:** Applicants successful at Stage 1 will be invited for an interview.
- **Stage 3:** Applicants successful at Stage 2 complete a business plan, with support from the Beyond Business team.
- **Stage 4:** Applicants successful at Stage 3 present their business idea and plan to an independent Dragons' Den panel on 17th October 2016 - funding then approved for successful applicants.

Need an expression of interest form?

Please contact: Kim Hayman, Beyond Business, Bromley by Bow Centre, St Leonard's St, E3 3BT | Telephone: 020 8709 9722 | Email: kimh@bbbc.org.uk

The closing date for Submission of Expressions of Interest is 31st May 2016.

For full details on eligibility and any other information, please contact Kim Hayman



School snapshots

Acclaimed celebrity photographer Charlie Phillips visited Morpeth School to offer some photographic tips.

SEE BELOW

A festival for the future

More than 500 young people attended Middlesex University's science, technology, engineering and mathematics festival, where cutting-edge solutions to today's problems were explored.

SEE BELOW

Schools news

OAKLANDS School is running a coffee morning in partnership with Zander Court, a community centre in Bethnal Green. The Thursday morning sessions, which began in January, feature talks about children's progress, the lunch menu, school events and parental courses. Parents can join activities such as newspaper reading, literacy, health, sewing and handicraft classes. For details call Syed Afsar, director of school and community development, on 7613 1014.



Mums get in the swim

A GROUP of mothers from Hermitage School learnt to swim and took part in a swimathon challenge last month.

The group enrolled on to swimming lessons in January. And for the challenge, they swam a total of 54 lengths during an hour-long women's only session at St George's Leisure Centre in Wapping.

The five mums have made massive improvements, thanks to their teacher Michelle. Two

swimmers, Ahmina and Jenifar, couldn't swim at all when they started. Fozia, Fatima and Hannah who could barely swim, are now taking greater strides.

Now, the group wants to motivate others to swim and do something that is good for their health.

If you would like to learn to swim, email forthegirls@gll.org or pop into your local leisure centre for more information.

Photographer's story of life through a lens

BY JESSICA ODUBAYO

ACCLAIMED photographer Charlie Phillips took centre stage at Morpeth School during an exhibition of his work at the Portman Gallery, the school's pop-up art venue.

Known for his urban street photos that chronicle life in London, Mr Phillips told pupils about his colourful past and how he became a photographer.

He said: "I'm self taught and part of the old school, long before digital cameras came along. I bought a book on how to take photos and learnt from my mistakes."

Mr Phillips was born in Jamaica and brought by his family to the UK in 1956, when he lived in Notting Hill.

He was given a Kodak Brownie by an American serviceman when he was 11 years old and started snapping friends and neighbours, mostly in the Caribbean community. He developed pictures in the bath at home, late at night, when his parents had gone to bed.

Often using black and white film, Mr Phillips took pictures of slum housing, children on the street, churchgoers, traders, funerals, and people going about their every day life.

He also followed the celebrity trail and took pictures of stars including Omar Sharif, Muhammad Ali, Bob Marley and Jimi Hendrix.



Morpeth's pupils get to grips with some basic photographic techniques

Some of his more iconic shots have been acquired by the Victoria and Albert Museum.

Pupils asked Mr Phillips questions, including his views on colour photography versus black and white.

"I personally think colour is sometimes overdone, it's too perfect," he said.

"For example, I bought a digital colour print of Medusa and it looked

better than the original because of the use of colour."

Answering a question about the modern day 'selfie' phenomena, Mr Phillips said: "Photography has become accepted as an art form, but technology has taken over, making it easy for anyone to take photographs of themselves.

"So it's early days and we have to see how long the trend lasts, but I'm not convinced it's an art form as yet."

Giving advice to pupils studying A level and GCSE photography, he said: "If you want to take it further, take what you do to another dimension, be more creative, more artistic."

Mr Phillips' photographs were displayed as part of Colliding Worlds, an exhibition exploring the ability to express emotion and empathy through the medium of film and photography.

Photographer Charlie Phillips

Young scientists explore



MORE than 500 young scientists attended Middlesex University's science, technology, engineering and mathematics festival.

The event included a virtual rollercoaster, a DIY planetarium and the chance to talk to Bertie the robot.

Students from Langdon Park School visited the festival, which was organised as part of British Science Week. Pupils learnt about virtual worlds, attempted

to solve the centuries old Tower of Hanoi logic puzzle, used brainwaves to complete tasks and explored the connection between the physical and virtual worlds.

The latest technologies in biomechanics were explained, as was the work of DNA researchers and how this leads to treating diseases.

Students and teachers were on hand to discuss science studies on campus.

An enterprising challenge

BOW School is in the running for the crown of the city's most enterprising school, as part of an education initiative run by a mentoring charity.

Teams of pupils have beaten competition to reach the London regional final of Mosaic's 2016 Enterprise Challenge.

The winners will progress to the grand final in Canary Wharf on May 4, where they will compete against

schools from across Britain.

Run annually, the challenge aims to inspire knowledge, raise aspirations, confidence and long-term employability.

Supported by volunteer mentors, students compete in an online business game to develop, market and sell a new product.

The team crowned national champions will receive a prize of £2,500 for their school and a further £500 to invest in making their business idea a reality.



Festival welcomes in spring

As well as food, Poplar's spring festival day will also host activities based on larger eco issues including alternatives to disposable goods and electric cars. For details visit...

WWW.CHRISPSTREET.ORG.UK

Cross-borough support

Headway East London works across 13 boroughs, offering specialist support to people affected by brain injury.

WWW.HEADWAYEASTLONDON.ORG

News

Five set off around the world

FIVE residents have been awarded travelling fellowships from the Winston Churchill Memorial Trust.

Richard Donnelly, a director at UCL Academy, will be going to the USA to explore curriculum design.

Alexander Groves, a designer, will research design projects which promote sustainable products in Brazil. Bryony

Harris, from the Whitechapel Gallery, will head to Denmark, Sweden and the USA to study sustainable income-generating programmes for arts organisations.

Thomas Lewton, an assistant TV producer, will visit South Africa and Uganda to research a documentary about the use of GM crops in Africa, and community organiser Isaac Stanley will go to Mexico

and the USA to research ways of promoting integration and social cohesion.

The fellowships encourage individuals to travel in pursuit of new ways of tackling social, environmental and medical issues.

When fellows return to the UK, they are encouraged to share what they have found to benefit their communities.

For more visit www.wcmt.org.uk

New in brief

Charity chief retires

THE founder and chief executive of a charity that supports people affected by brain injury has retired after 19 years.

Miriam Lantsbury will retire her post at Headway East London at the end of March.

She was the charity's first employee in 1997, when it welcomed members just one day a week. Now there are more than 100 staff and volunteers, offering services including a day centre and carer support.

Ms Lantsbury said: "I have learned so much, made friends and had the privilege of being involved in the lives of hundreds of people affected by brain injury.

"I will really miss the people that make up this very special community and will be sure to come back and visit."

Anthony Bonfil, Headway's

current director of services, will take the role of chief executive from April 1.

Visitors from Japan



A GROUP of Japanese midwifery students paid a study visit to the Around Poplar Children's Centre.

The students and professors came from the University of Nagasaki.

They were in Poplar to research how different agencies support vulnerable families and children in the UK.



CHRISP Street is going green on Saturday, April 23 for Poplar's spring festival.

There will be stalls and free activities centred around the theme of recycle, upcycle and exchange. There will be live cooking demonstrations, a herb and seed exchange and more. The event, organised by Poplar Harca, takes place at the market on East India Dock Road, E14.

Shops caught in underage sales

BY STEFAN SWIFT

SHOPS which stock alcohol or tobacco have been caught in the act of selling them to children in an operation by the council.

The council carried out test purchases of cigarettes, alcohol and chewing tobacco, using 15- and 16-year-olds, over February half-term.

A total of 68 businesses were visited by the council's environmental health and trading standards service. Of the 19 premises visited which were

selling chewing tobacco, eight sold them to a minor.

Four of the 31 outlets selling cigarettes sold them to a test purchaser.

And four outlets sold alcohol to young people, out of 18 tested.

The operation followed a successful prosecution of E2 Mini-market in Bethnal Green, which was fined for selling alcohol to a juvenile.

Sumsu Zzuha, 33, of Montpelier Place, Shadwell, was found guilty at Thames Magistrates' Court on February 4.

Zzuha was fined a total of £1,426 after it was established that a 14-year-old purchased a bottle of WKD from his Bethnal Green Road shop.

The incident took place in March 2015 when a volunteer took part in a test purchase at the store.

Anyone who would like to provide information about alcohol or tobacco being sold illegally can report it, anonymously if they wish, by calling 7364 5008 or emailing trading_standards@towerhamlets.gov.uk

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Good neighbours

Docklands Community Organisation is a community hub run by volunteers providing classes and activities.



Working to help prevent crime

"We aim to support victims and help prevent crime in the borough. Too often, volunteers are not recognised so it has been a pleasure to formally honour these wonderful individuals."

FOKRUL HOQUE, CHAIR OF TOWER HAMLETS SAFER NEIGHBOURHOOD BOARD

News

Making the borough a safer place

BY STEFAN SWIFT

RESIDENTS were honoured at the Tower Hamlets Community Safety Awards on Tuesday, March 22.

Prizes were awarded to members of the community who made a significant contribution to making the borough a safer place during 2015.

Special recognition for outstanding contribution to community safety was awarded to Nicholas Cheeseman and Fiona Everard.

Through the Nightstop Volunteer Network, the pair have helped provide temporary stop gap emergency accommodation to over 18 homeless, vulnerable young people aged 16-25 over the past 18 months.

The best community project prize was shared by Brawlers Boxing and Cracked It.

Brawlers is a community boxing club running free sessions for young people founded by Zain Miah and Abdul Hannan in Shadwell.

Josh Babarinde's Cracked It social enterprise gives young people training to repair cracked iPhones and market their skills in

the tech world to get a future away from crime.

The prize for best community voluntary group was awarded to Docklands Community Organisation (DCO) on the Isle of Dogs.

DCO is a volunteer-run community group, established by a group of residents in 2013 who transformed a set of abandoned Portakabins into a community hub which provides classes and activities.

Jon Shapiro was named the best community volunteer for, amongst other things, sacrificing personal time by holding the police to account on their performance.

As the vice chair of the Safer Neighbourhood Board (SNB) he has also organised a series of resident question time events that allow



Residents were honoured for their special contribution to the borough at the Community Safety Awards

residents to raise crime concerns with the police borough commander and council.

The next event will be held

from 6.30-8.30pm on Thursday, April 7 at the Church Hall, 71 Johnson Street, Shadwell.

The best partnership officer prize was handed to Met chief inspector Mark Long.

Mr Long has ensured the delivery of the community safety ward walkabouts over the past four years, as well as working with partner

Prizewinner Mark Long, with joint winners of the best individual achievement young person award, Abu Saeed Ahsan and Nasim Islam

agencies to reduce anti-social behaviour, particularly reducing the chances of being a repeat victim.

The best individual achievement by a young person award was shared between Nasim Islam and Abu Saeed Ahsan.

Nasim joined the Volunteer Police Cadets in 2013 and gives between eight and 15 hours each week for the group and the community.

Abu has been a cadet since 2014 and has worked closely with young people in the borough.

Fokrul Hoque, chair of Tower Hamlets Safer Neighbourhood Board, said: "It is really important people are recognised for their contribution to our borough through the awards."

"By working with the police and local communities, we aim to support victims and help prevent crime in the borough. Too often, volunteers are not recognised so it has been a pleasure to formally honour these wonderful individuals."

The ceremony took place at Regents Lake Banqueting Venue in Bow.



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Building on strong foundations

East End Community Foundation works in partnership with local businesses and people to create charitable funds, build endowments and distribute grants to local groups.

WWW.EASTENDCF.ORG

Rewarding experience

"The work I do is to promote fostering, to help people find out how wonderful and rewarding it is."

AFIA CHOUDHURY, BELOW

News

Foster carers commended

BY NATHAN AKEHURST

HUNDREDS of people packed the Atrium in Shoreditch for the council's foster carers' awards.

This year's event focused on diversity – Tower Hamlets foster carers and staff have links to more than 30 countries.

Five awards were given to

carers for 'outstanding contribution to bring about positive outcomes in a child's life'.

Mohammed Kamaly and Syeda Begum were recognised for their dedication caring for a young person with mental health needs and for supporting another's religious beliefs.

Also in this category were Ritaj Abedean and Anu Miah,

who for the past nine months have made daily 20-mile round trips to take the boys in their care to and from school.

Maria and Paul Ginn picked up an award for dedication and commitment to fostering, while Anthony Uddin and Momotaj Begum were recognised for taking numerous complex placements, including support-

ing one young person while she underwent major surgery.

Hindu and Chama Matata were praised for providing a thoughtful, stimulating home to children with special needs.

The night's special award went to Afia Choudhury, who runs carers support groups and training sessions. She was also commended for her work pro-

moting fostering and supporting applicants through the assessment process, all while providing a stable and loving foster home to three siblings.

Mrs Choudhury said: "I was absolutely gobsmacked to receive my award."

For details about fostering call 0800 2799850 or visit www.fosteringandadoption.co.uk

A VOLUNTEER-led swap shop had a party to celebrate a decade supporting Tower Hamlets families. The East End Community Foundation (EECF) exchange project runs swap events where parents and carers take old baby or toddler items and exchange them for other children's goods including clothes, toys, and other equipment. For a £1 fee, members can borrow equipment such as sterilisers, buggies, toys, stair gates, and clothes for children aged up to ten. The celebration, at Barkantine Hall on the Isle of Dogs on Tuesday, March 15, featured swapping, games and a birthday cake. Local mum Yulia Sulim said: "I came to this country from Russia with nothing when my daughter was a baby, she is now eight years old and I get all of her clothes from the exchange service."



News in brief

Mission on move

BETHNAL Green Mission Church, which celebrates its 150th anniversary in Tower Hamlets this year, is leaving its site on Cambridge Heath Road to make way for the development of a new church and community facilities.

The church will hold its last Sunday service in the building on Sunday, April 10 at 10.45am.

For details visit www.bethnalgreenmissionchurch.co.uk

IT apprentice award

AN apprentice has been honoured at an industry awards ceremony for her outstanding contribution to the council.

Alima Khatun was presented with the social media for business apprentice of the year award on March 18, during National Apprenticeship Week, at the Chartered Institute of IT in Covent Garden.

Gym open day

SPECIALIST gym Ability Bow, which caters for people with a disability or health condition, is hosting an open day to mark its tenth anniversary on Tuesday, April 12 from 12noon-4pm.

It takes place at St Paul's church, St Stephen's Road, Bow.

There will be prizes, demonstrations and a free lunch.



To talk to us about starting your own Kumon Maths and English Study Centre call **0800 988 6579** or visit **kumon.co.uk**.

Book your place on an information session to find out more:

16 April, Victoria | 18 April, South London
26 April, Shoreditch

0800 988 6579

KUMON

Rich and varied past

Wilton's began life as five houses and has been a Methodist mission, soup kitchen and warehouse.



The best in the business

According to the Theatres Trust, Wilton's is "the most important surviving early music hall to be seen anywhere... It is of outstanding architectural and archaeological significance".

WILTONS.ORG.UK

News

Everyone's welcome at Wilton's

BY JESSICA ODUBAYO

FIVE years ago Wilton's, the historic music hall in Shadwell, made an impassioned appeal to the local community to help save its derelict and crumbling building.

Today, the world's oldest surviving music hall has undergone major conservation work and bounced back with a new programme of theatre, arts and music.

Theatre director Holly Kendrick and learning and participation manager David Graham are now busy organising community activities to attract residents of all ages.

Heritage workshops explore aspects of the building's history and character. Residents can enter a draw for the chance to take part.

Holly said: "Sometimes we run workshops themed on one of our plays.

"We ran a shadow puppetry workshop with local schools. It was based on former music hall singer Ida Barr and we worked with Polyanna Theatre School to look at her character and discuss whether she would survive as a performer today."

Wilton's learning and participation initiative invites children to learn about the venue and its productions. And from May 3-5, it will work with schools as part of the Strike Dance Festival.

A craft group, which meets at the theatre on Thursday mornings, makes props and decorations for productions.

And every Friday scores of people meet at Wilton's for a walk around the local area.



David Graham and Holly Kendrick at the music hall

Whitechapel Foundry and Gallery, canal paths and city farms are some of the places groups have visited.

"The group is made up of regulars

as well as those who drop-in for the day," David said.

To take part, show up at the theatre at 9.20am.

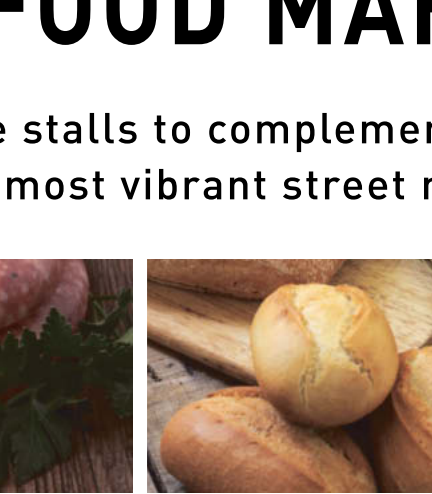
The walks finish at the theatre where tea and coffee are served.

The public can explore the venue's history and heritage by visiting the John Wilton Room exhibition space.

The room, named after the venue's founder, houses displays inspired by objects from its archaeology collection, a model of the building and an audio-visual installation telling its story through the voices of characters who frequented the music hall in its heyday.

Holly said volunteering was another way of getting involved with Wilton's. Positions include ushering, running workshops and curating exhibitions. It is also a brilliant way of seeing some shows for free.

If you would like any information on the venue's community work, visit www.wiltons.org.uk



ROMAN ROAD STREET MARKET EVERY SATURDAY

FRESH FOOD MARKET

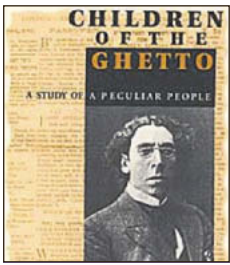
Quality produce stalls to complement one of the East End's most vibrant street markets



@TowerHamletsNow

www.towerhamlets.gov.uk/markets





Children of Whitechapel

“The great ghetto school, summoning its pupils from the reeking courts and alleys, from the garrets and the cellars... the insolent, the idiotic, the vicious, the intelligent, the dull, the exemplary...”

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

SEE BELOW

WWW.EASTLONDONHISTORY.COM

History

Rags to riches for righteous Rose

BY JOHN RENNIE

LITTLE Rose Pastor probably went unnoticed among the mass of humanity at the Bell Lane Free School in Whitechapel – just another immigrant child among the hundreds and thousands passing through in the East End of the 1880s.

And she probably didn't make much of a mark at the Jews' Free School (JFS), as it was then known, the alma mater to East Enders as diverse as (the future) South African diamond millionaire Barney Barnato, US union boss Samuel Gompers and Chinese revolutionary general Morris "Two Gun" Cohen. A lot of remarkable futures began at the JFS – yet none quite as impressive as that of Rose.

Her career seemed to have ended even before it began, for by the time she was eight years old she had been forced to quit her studies and work in a Whitechapel cigar factory. Yet by the time she died, she was one of the most important (and divisive) women in American political life. She was a millionairess, a champion of the poor, had been sentenced to ten years in prison for pacifism and fought tirelessly to introduce birth control.

Rose Wieslander had been born on July 18, 1879, in the tiny Jewish village, or shtetl, of Augustava Suwalk. It lies in present-day Poland, but was then in the Russian Empire, where Jews were subject to constant persecution.

Rose was illegitimate, her mother, Anna, having fallen pregnant after a relationship with a Catholic man to whom her parents steadfastly refused to countenance a marriage. He, in any event, soon fled for America. And in 1882, in desperation, the whole Wieslander clan headed to London.

And in the East End, things seemed to improve... for a spell. Anna met and married Israel Pastor. Little Rose took his name and another seven children swiftly followed. But the Pastor family, again like so many before them, were not content simply to settle in Whitechapel.

If London offered an escape from the pogroms, then America offered so much more. There, perhaps, the tired, the poor and the huddled masses might even make their fortunes.

Fat chance of that. At 12, Rose found herself not back in school but working in yet another cigar-rolling sweatshop in Cleveland, Ohio. Israel Pastor, struggling to support his growing brood had sunk first into depression, then into alcohol, and finally up and left. Rose now became



Above: Rose Pastor Stokes with fellow New York activists Margaret Sanger and Ethel Byrne

Right: Israel Zangwill, author of Children Of The Ghetto, which describes Rose's old school at Bell Lane, Whitechapel

the sole breadwinner for her mother and her six half-siblings. She would not escape from her work as a 'stogey roller' for a dozen years.

But in her spare time she wasn't idle. Despite having spent almost no time in school, she had obtained an education and an interest in the wider world. She was soon firing off regular letters to the Jewish Daily News. The editor, impressed with her writing, offered her a regular column. At age 22, Rose, with a salary of \$15 a week, moved to New York City and took an apartment on the Lower East Side.

She was now looking back to London for political and social inspiration, and began a series of pieces on university settlements – the movement, inspired by the example of Toynbee Hall in Rose's old Whitechapel home, had been gaining ground in the US.

The idea was that the wealthy and educated should live among the poor, sharing their knowledge and skills. Her newspaper articles would bring the ex-ghetto dweller into contact with just such a moneyed idealist.

Graham Stokes was a New York millionaire, a son of the one of the city's oldest and wealthiest mercantile families, but a man appalled by the poverty and degradation that the growth of the city had brought on the working classes.

He served on a dizzying array of boards and committees and Rose came along, first to interview him, then to join his work as a volunteer at the city's university settlement, and finally – in 1905 – to become his wife. She had moved from poverty into the upper echelons of New York society.

She was now extraordinarily wealthy, yet she moved ever further to the left. She joined the Socialist Party of America (alongside Jack London, another who had journeyed to Whitechapel and been



appalled by the poverty he saw there) and, on the outbreak of the First World War, campaigned to keep America out of the conflict. It was, to her eyes, simply a conflict between the old imperialists and capitalists of Europe – a continent she had been only too happy to escape and a war that America should keep out of.

But Rose's politics were making her enemies. She had already upset many with her campaigning for women's rights to birth control. Now, with America in the conflict, her anti-war speeches were seen as unpatriotic.

A letter she sent to the Kansas City Star, in which she wrote: "I am for the people, while the government is for the profiteers," gave them the excuse to act. She was charged under the Espionage Act and, in March 1918, sentenced to ten years in jail.

It would be two years before the sentence was overturned, and Rose was only driven further left, forming the Communist Party of the United States on her release – within weeks it had 60,000 members.

She was now also at war with her husband, who was appalled and embarrassed by her ever more radical politics. Their 1925 divorce left her rich, independent, and shortly after she began a relationship with Jerome Isaac Romain, who had taken the same route as her – from Poland to Whitechapel to New York.

He was an idealistic political activist

and, at 29, was 18 years her junior. They married in 1927, but it would be a short union. In 1929, Rose was severely clubbed by police at a demo demanding the withdrawal of US forces from Haiti. She had been attempting to protect a young boy from an attack by a policeman but took a heavy blow to the breast.

Just a year later, Rose was diagnosed with breast cancer and her health quickly declined. She moved to Germany to undergo pioneering radiation therapy in Frankfurt, but died there on June 20, 1933.

Pick up Israel Zangwill's masterpiece, *Children Of The Ghetto*, and you'll read a description in which Rose's old school at Bell Lane springs to life. In the 1880s, Zangwill had been a pupil there and eventually a part-time teacher.

He writes of the start of the day "at the sound of the bell of the great ghetto school, summoning its pupils from the reeking courts and alleys, from the garrets and the cellars... quaint sallow foreign-looking children and fresh coloured English looking children... the insolent, the idiotic, the vicious, the intelligent, the dull, the exemplary..."

Among those hordes was little Rose. Her rags-to-riches tale, a battle for fairness and for the ignored millions to fulfil their potential, was a story that seems to be made for Hollywood. But if you pitched it, they'd probably show you the door. It all sounds far too far-fetched to be true.

“At 12, Rose found herself working in yet another cigar rolling sweatshop in Ohio.”

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179

Harmony



Best Individual Achievement award was shared between Nasim Islam and Abu Saeed Ahsan

কমিউনিটি সেফটি এওয়ার্ড পেলেন ৬ জন ব্যক্তি ও সংস্থা

Residents honoured at Community Safety Awards – see page 12

টাওয়ার হ্যামলেটস্ কমিউনিটি সেফটি এওয়ার্ড অনুষ্ঠানে বারার যে সকল বাসিন্দা ২০১৫ সালে বারার জনজীবনের নিরাপত্তা বিধান বিশেষ ভূমিকা পালন করে যাচ্ছেন, তাদেরকে সম্মান জানানো হয়েছে। গত ২২ মার্চ মঙ্গলবার বোর রিজেন্ট লেক ব্যানকুয়েটিং ভেন্যুতে বার্ষিক এই বারমকালো অনুষ্ঠান অনুষ্ঠিত হয়।

কমিউনিটির সার্বিক নিরাপত্তায় বিশেষ অবদান রাখায় বিশেষ সম্মাণনা এওয়ার্ড পেয়েছেন নিকোলাস চিজম্যান এবং ফিওনা এভারার্ড। এই জুটি নাইটস্টপ ভলান্টিয়ার নেটওয়ার্ক এর মাধ্যমে গত ১৮ মাসে ১৬ থেকে ২৫ বছর বয়সী ১৮ জন কিশোর তরুণ গৃহহীনকে জরুরী ভিত্তিতে আশ্রয়ের ব্যবস্থা করে দিয়েছেন।

সেরা কমিউনিটি প্রজেক্ট হিসেবে যৌথভাবে পুরস্কার জিতেছে ব্রোলার্স বক্সিং এবং ক্র্যাড ইট। শেডওয়েলের জিয়ান মিয়া এবং আব্দুল হান্নানের উদ্যোগে প্রতিষ্ঠিত কমিউনিটি বক্সিং ক্লাব ব্রোলার্স বক্সিং কিশোর তরুণ বয়সীদের জন্য বিনামূল্যে প্রশিক্ষণ কর্মশালা পরিচালনা করে থাকে। আর জশ বাবারিনড এর 'ক্র্যাড ইট' এর মাধ্যমে অপরাধের সাথে জড়িত হয়ে

পড়ার ঝুঁকিতে আছে এমন তরুণদের আইফোন মোরামত শেখানোর প্রশিক্ষণ দেয়া হয়।

বেস্ট কমিউনিটি ভলান্টিয়ার গ্রুপ হিসেবে এওয়ার্ড জিতেছে আইল অব ডগস্ এর ডকল্যান্ডস্ কমিউনিটি অর্গেনাইজেশন (ডিসিও)।

২০১৩ সালে স্থানীয় বাসিন্দাদের উদ্যোগে প্রতিষ্ঠিত ডিসিও স্বৈচ্ছাসেবীদের দ্বারা পরিচালিত একটি কমিউনিটি সংগঠন, যারা একটি পরিত্যক্ত পোর্টকেবিনকে কমিউনিটি হাব এ রূপান্তরিত করেন, যেখানে কমিউনিটির সকলের জন্য বিভিন্ন ধরনের ক্লাস ও এক্টিভিটিজ পরিচালনা করা হয়।

বেস্ট কমিউনিটি ভলান্টিয়ার হিসেবে সম্মাণনা পেয়েছেন জন শাপিরো, যিনি অন্যান্য কাজের পাশাপাশি পুলিশকে তাদের কার্যক্রমের জন্য জবাবদিহিতার আওতায় আনতে অক্লান্ত পরিশ্রম করে যাচ্ছেন। সেফার নেইবারহুড বোর্ড (এসএনবি) এর ভাইস চেয়ার হিসেবে তিনি অনেকগুলো রেসিডেন্টস্ কোয়েশন টাইমস্ ইভেন্টের আয়োজন করেন, যেখানে বাসিন্দারা তাদের উদ্বেগ ও অভিযোগ সরাসরি পুলিশ বারা কমান্ডার ও কাউন্সিলের সামনে তুলে ধরার সুযোগ পান। উল্লেখ্য, পরবর্তী রেসিডেন্টস্ কোয়েশন টাইমস্

ইভেন্ট ৭ এপ্রিল বৃহস্পতিবার সন্ধ্যা ৬.৩০টা থেকে ৮.৩০টা পর্যন্ত শেডওয়েলের ৭১ জনসন স্ট্রিটস্থ চার্চ হলে অনুষ্ঠিত হবে।

নাসিম ইসলাম এবং আবু সাঈদ আহসান নামের দুই কিশোর সেরা একক সাফল্য অর্জনকারী তরুণ ক্যাটাগরিতে এওয়ার্ড জিতেছে। নাসিম ২০১৩ সালে স্বৈচ্ছাসেবী পুলিশ ক্যাডেট হিসেবে যোগ দেয় এবং প্রতি সপ্তাহে ৮ থেকে ১৫ ঘন্টা স্বৈচ্ছাসেবী হিসেবে ক্যাডেট ও কমিউনিটিতে ভূমিকা রেখে চলেছে। একইভাবে ভলান্টিয়ার পুলিশ ক্যাডেট পদে আবু সাঈদ যোগ দেয় ২০১৪ সালে এবং বারার কিশোর তরুণ বয়সীদের সাথে অত্যন্ত ঘনিষ্ঠভাবে কাজ করে যাচ্ছে।

টাওয়ার হ্যামলেটস্ সেফার নেইবারহুড বোর্ড এবং কমিউনিটি সেফটি পার্টনারশীপ যৌথভাবে প্রতি বছর এই এওয়ার্ড বিতরণী অনুষ্ঠানের আয়োজন করে থাকে।

সেফার নেইবারহুড বোর্ডের চেয়ার, ফকরুল হক বলেন, কমিউনিটি সেফটি এওয়ার্ডের মাধ্যমে আমাদের বারার জনগণ তাদের কাজের স্বীকৃতি পাচ্ছেন, এটা নিঃসন্দেহে অনেক গুরুত্বপূর্ণ। পুলিশ এবং স্থানীয় কমিউনিটিগুলোর সাথে

কমিউনিটি সেফটি এওয়ার্ড পেলেন ৬ জন ব্যক্তি ও সংস্থা

টাওয়ার হ্যামলেটস্ কমিউনিটি সেফটি এওয়ার্ড অনুষ্ঠানে বারার যে সকল বাসিন্দা ২০১৫ সালে বারার জনজীবনের নিরাপত্তা বিধান বিশেষ ভূমিকা পালন করে যাচ্ছেন, তাদেরকে সম্মান জানানো হয়েছে। গত ২২ মার্চ মঙ্গলবার বোর রিজেন্ট লেক ব্যানকুয়েটিং ভেন্যুতে বার্ষিক এই বারমকালো অনুষ্ঠান অনুষ্ঠিত হয়। বিস্তারিত পড়ুন নিচে

RESIDENTS HONoured AT COMMUNITY SAFETY AWARDS

গৃহহীন হওয়ার ঝুঁকিতে থাকা লোকজনকে সাহায্য করতে 'নো ফাস্ট নাইট আউট'

Boroughs unite to help those on brink of homelessness – see page 4

লোকজন যাতে গৃহহীন হয়ে রাস্তায় ঘুমাতে বাধ্য না হয়, তা নিশ্চিত করতে 'নো ফাস্ট নাইট আউট' নামে একটি উদ্যোগ চালুর লক্ষ্যে টাওয়ার হ্যামলেটস্ কাউন্সিল দ্যা সিটি অব লন্ডন কর্পোরেশন এবং হেকনি কাউন্সিলের সাথে যৌথভাবে কাজ করে যাচ্ছে।

গ্রোটার লন্ডন অথরিটি এবং ডিপার্টমেন্ট অব কমিউনিটিজ এন্ড লকাল গভর্নমেন্ট এই প্রকল্পে অর্থায়ন করছে।

কাউন্সিলগুলোর পক্ষে সেন্ট মুঙ্গো নতুন একটি গবেষণা কার্যক্রম চালায়, যেখানে রাস্তায় ঘুমান এমন ৩৪ জন রাফ স্লিপারস্ এর সাক্ষাতকার গ্রহণ করা হয়।

রাস্তায় রাত্রী যাপনে বাধ্য হওয়ার পেছনে তিনটি কারণ চিহ্নিত করা হয় এই গবেষণায়। এগুলো হচ্ছে, বন্ধু কিংবা পরিবারের সাথে অস্থায়ী আবাসনের সময়সীমা উত্তীর্ণ হওয়া, পারিবারিক ঘর থেকে বের করে দেওয়া এবং ভাড়া করা প্রোপার্টি থেকে উচ্ছেদ করে দেয়ার

হুমকি। স্থানীয় কর্তৃপক্ষ এখন এই গবেষণালব্ধ উপাত্ত কাজে লাগিয়ে কারা গৃহহীন হয়ে রাস্তায় রাত্রীযাপনে বাধ্য হতে পারেন, তা আগেভাগে চিহ্নিত করতে সচেষ্ট হবে।

রাস্তায় প্রথম রাত কাটাতে বাধ্য হতে পারেন, এমন লোকদের চিহ্নিত করতে নতুন 'নো ফাস্ট নাইট আউট' হাউজিং অফিসাররা লকাল অথরিটি হাউজিং এবং সোশ্যাল কেয়ার টিমের সাথে ঘনিষ্ঠভাবে কাজ করার পাশাপাশি তারা বিভিন্ন ধর্মীয় সংগঠন, মেডিক্যাল, লিগ্যাল ও চাকুরিদাতা সংস্থার সাথে কাজ করবেন।

গৃহহীন হয়ে রাস্তায় ঘুমাতে বাধ্য হতে পারেন এমন কাউকে চিহ্নিত করার পর তাকে দ্রুত ও সমন্বিত আবাসন সহায়তা দেয়া হবে।

'নো ফাস্ট নাইট আউট' সার্ভিস এর বিজ্ঞপন জব সেন্টার প্রাস, প্রোবেশন, সিটিজেনস এডভাইস এবং স্থানীয় লাইব্রেরী, চার্চ ও মসজিদসমূহে প্রচার করা হবে।

প্রাইমারী স্কুলের শিক্ষার্থীদের জন্য জুনিয়র সিটিজেন ইভেন্টে অনুষ্ঠিত

Junior Citizens get lessons in safety

টাওয়ার হ্যামলেটস্ কাউন্সিলের উদ্যোগে কিভাবে নিজেদের এবং অন্যদেরকে নিরাপদ রাখতে হবে সেসম্পর্কে বারার স্কুল শিক্ষার্থীদেরকে প্রশিক্ষণ দেয়া হয়েছে।

শিক্ষাবর্ষ ৬ এর শিক্ষার্থীদের (১০ থেকে ১১ বছর বয়সী) জন্য আয়োজিত জুনিয়র সিটিজেন ইভেন্ট গত ১৪ থেকে ২৪ মার্চ অনুষ্ঠিত হয়, যেখানে সেকেন্ডারী স্কুলে যাওয়ার ক্ষেত্রে তারা কি ধরনের ঝুঁকির মুখে পড়তে পারে, এবং কিভাবে তা মোকাবেলা করতে হয়, সেসম্পর্কে প্রশিক্ষণ দেয়া হয়।

কর্মশালায় এনভায়রনমেন্টাল হেলথ এবং ট্রেডিং স্ট্যান্ডার্ডস্ সার্ভিসের পক্ষ থেকে গুরুত্বপূর্ণ প্রোজেক্টেশন তুলে ধরা হয়। এছাড়া মেট্রোপলিটান পুলিশ, লন্ডন ফায়ার ব্রিগেড, ট্রান্সপোর্ট ফর লন্ডন এবং ব্লু ক্রস এর প্রতিনিধিরাও ইভেন্টে উপস্থিত থেকে শিশু শিক্ষার্থীদের সাথে বিভিন্ন ইস্যু নিয়ে কথা বলেন।

জুনিয়র সিটিজেন উদ্যোগ কমবয়সীরা নিজেদের সুরক্ষার পাশাপাশি অন্যের নিরাপত্তার দিকটি নিশ্চিত করার মতো গুরুত্বপূর্ণ দক্ষতা লাভ করবে বলে আশা করা হচ্ছে। এই বয়সে বাচ্চারা অনেক স্বাধীনচেতা হতে শুরু করে এবং বিভিন্ন পরিস্থিতি নিজেরা মোকাবেলা করতে চায়।

প্রশিক্ষণ কর্মশালায় আনন্দ বিনোদনের সাথে সম্ভাব্য হুমকি ও ঝুঁকিসমূহ সম্পর্কে সচেতনতা বৃদ্ধি করাই এই জুনিয়র সিটিজেনের লক্ষ্য।

মাইল এন্ড পার্কের ইকলোজি প্যাভিলিয়নে অনুষ্ঠিত জুনিয়র সিটিজেন ট্রেনিংয়ে বারার ২৫টি প্রাইমারী স্কুলের ১২০০ শিক্ষার্থী যোগ দিয়েছিলো। এতে বাসে ট্রেনে নিরাপদে চলাচল করা, অপরিচিত লোকের সাথে মেশার বিপদ, নকল ও অনিরাপদ পণ্য ব্যবহার সম্পর্কে সতর্ক থাকা, অনলাইনে নিরাপদ থাকা বিভিন্ন বিষয় নিয়ে আলোচনা করা হয়।

ভিক্টোরিয়া পার্কে উন্মুক্ত পরিবেশে জিম করার সুযোগ

Get fit at Vicky Park – see page 4

জিমে যাওয়ার ভাবনা মনে এলেই যদি আপনার গা হিম হয়ে আসে, তাহলে চলে যান ভিক্টোরিয়া পার্কে, যেখানে উন্মুক্ত প্রাকৃতিক পরিবেশে জিম করার আনন্দ উপভোগ করতে পারবেন।

রৌদ্রোজ্জ্বল প্রাকৃতিক পরিবেশে ব্যায়ামের নানা সরঞ্জামাদি ব্যবহারের প্রশিক্ষণ নিতে পারবেন বাসিন্দারা। লাভবন্ত্র ফেস্টিভ্যাল গত বছর বিভিন্ন ধরনের ব্যায়ামের সরঞ্জামাদি অনুদান হিসেবে প্রদান করেছিলো, যা এখন ভিক্টোরিয়া পার্কে জনসাধারণের ব্যবহারের জন্য সারা বছর পাওয়া যাবে। পার্কের হাব ক্যাফেতে গিয়ে যে কেউ রানিং মেশিনে দৌড়ে ঘাম ঝরাতে পারেন, ব্যবহার করতে পারেন বিভিন্ন ধরনের ব্যায়ামের মেশিন একদম বিনা মেম্বারশীপ ফিতে।



Japanese midwifery students at the Around Poplar Children's Centre

জাপানীজ ধাত্রীবিদ্যা শিক্ষার্থীরা পরির্শন করলো বারার চিলড্রেন সেন্টার Japanese midwifery students visit – see page 11

জাপানীজ ধাত্রীবিদ্যা শিক্ষার্থীদের একটি প্রতিনিধি দল সম্প্রতি টাওয়ার হ্যামলেটসের পপলার এলাকায় অবস্থিত এরাউন্ড পপলার চিলড্রেন সেন্টার পরিদর্শন করেন।

জাপানের ইউনিভার্সিটি অব নাগাসাকির ধাত্রীবিদ্যা বিভাগের প্রফেসর ও শিক্ষার্থীদের দলটি তাদের গবেষণা কাজের অংশ হিসেবে চিলড্রেন সেন্টারটি পরিদর্শনকালে ইংল্যান্ডে কিভাবে দরিদ্র পরিবার ও শিশুদের সাহায্যার্থে ভিন্ন ভিন্ন এজেন্সিগুলো কাজ করে যাচ্ছে, তার বিভিন্ন দিক সম্পর্কে অবহিত হন।

এদেশের চিলড্রেন সেন্টারগুলো কিভাবে পরিচালিত হয় এবং দরিদ্র, সুবিধা বঞ্চিত পরিবারগুলোর জন্য বিভিন্ন ধরনের সেবামূলক কার্যক্রম কিভাবে এসব সেন্টারের মাধ্যমে

পরিচালিত হয়, সেসম্পর্কে বিস্তারিত তথ্য তাদের সামনে তুলে ধরা হয়। টাওয়ার হ্যামলেটস্ বারার অতি উন্নত মানের এসব সার্ভিস দেখে পরিদর্শনকারী জাপানীজ শিক্ষার্থী ও তাদের শিক্ষকরা অভিভূত হন।

পরিদর্শনকালে জাপানীজ মিডওয়াইফারি শিক্ষার্থীরা সেনসোরি প্লে সেশনে অংশ নেন এবং অভিভাবক ও তাদের বাচ্চাদের সাথে কথা বলেন।

একজন জাপানীজ শিক্ষার্থী চিলড্রেন সেন্টারের কার্যক্রমে খুব অভিভূত হয়ে বলেছেন, ভবিষ্যতে সুযোগ পেলেই তারা আবার আসবেন। তিনি পরিচালিত হয় এবং দরিদ্র, সুবিধা বঞ্চিত পরিবারগুলোর জন্য বিভিন্ন ধরনের সেবামূলক কার্যক্রম কিভাবে এসব সেন্টারের মাধ্যমে

জাপানের সার্ভিস। চিলড্রেন সেন্টারগুলো যে প্রতিরোধকমূলক কাজ করছে, তা দেখে আমি অভিভূত। সেন্টার ব্যবহারকারীরাও অতি উন্নতমানের এসব সার্ভিস পেয়ে খুবই সন্তুষ্ট।

তিনি আরো বলেন, শিশুদের জীবন মান উন্নয়নে এরাউন্ড পপলার চিলড্রেন সেন্টারের স্টাফরা কুবই নিবেদিত প্রাণ, উদ্যমী ও কঠোর পরিশ্রম করে যাচ্ছেন।

উল্লেখ্য, ন্যাশনাল হেলথ সার্ভিস (এনএইচএস), জব সেন্টার প্রাস এবং অনুর ৫ বছর বয়সী শিশু ও তাদের পরিবারগুলোর জন্য বিভিন্ন ধরনের সার্ভিস প্রদানকারী প্রতিষ্ঠান ও সংস্থার সাথে পার্টনারশীপের ভিত্তিতে বারার চিলড্রেন সেন্টারগুলো কাজ করে যাচ্ছে।



রোমান রোডের পিজা শপকে ৮ হাজার পাউন্ড অর্থদন্ড

বো এলাকায় অবস্থিত জনপ্রিয় একটি পিজা শপে ইঁদুরের মারাত্মক উপদ্রবের প্রমাণ পাওয়ায় এর মালিককে প্রায় ৮ হাজার পাউন্ড অর্থ দন্ডে দন্ডিত করা হয়েছে। ২০১৪ সালের ডিসেম্বর মাসে কাউন্সিল কর্মকর্তারা রোমান রোডের ফ্লাভাস্ পিজা পরিদর্শনকালে ইঁদুরের মারাত্মক উপদ্রব দেখতে পান। বিস্তারিত পড়ুন নিচে -

MICE INFESTATION AT PIZZA TAKEAWAY

Harmony

কম্পিউটার কোড ক্র্যাক করলো শিশুরা

Kids cracking the computer code – see page 4

বারার ক্ষুদে শিক্ষার্থীরা ক্যানরি ওয়ার্ফে একটি কম্পিউটার নির্মান করে যেমন তাদের প্রতিভার স্বাক্ষর রেখেছিলো, তেমনি কম্পিউটার কোডিংয়ের গোপনীয়তা ক্র্যাক বা উদ্ধার করে তাক লাগিয়ে দিয়েছে সবাইকে।

কী কোড ক্লাবে পরীক্ষামূলকভাবে পরিচালিত ৬ সপ্তাহের একটি কর্মশালায় ক্রিয়েটিভ ডিজিটাল ড্রমগে অংশ নেয় ৫ থেকে ১৩ বছর বয়সীরা। এই কোর্স কিভাবে বাচ্চাদের স্কুলের কাজে সাহায্য করছে, এবং ডিজিটাল টেকনোলোজী নিয়ে কাজ করার ক্ষেত্রে তাদের দক্ষতা ও আস্থা দেখে অভিভাবকরা ভীষণ সন্তুষ্ট।

কাউন্সিলের এন্টারপ্রাইজ টীমের সহযোগিতায় এবং টেকনোলোজী ব্যবসা কোনো কর্তৃক দানকৃত কম্পিউটার ইকুইপমেন্টগুলো ব্যবহার করে হোয়াইটচ্যাপলের ইনভেন্টরস্ ক্লাব গত ফেব্রুয়ারী মাস থেকে এই কোর্স চালু করে। বর্তমান পাইলট কোর্স এপ্রিলে শেষ হবে এবং পরীক্ষামূলক এই কর্মশালা ব্যাপকভাবে সফল হওয়ার প্রেক্ষিতে নিকট ভবিষ্যতে এ ধরনের আরো কোর্স আয়োজন করা হবে বলে আয়োজকরা আশা করছেন।



৮ বছরের ইরাম রায়ান ওমর কোর্স সম্পর্কে বলেন, “ক্যানো কীট নির্মানে অংশ নিতে পেরে আমি অভিভূত। প্রথমে ভেবেছিলাম, এই কাজটি খুবই জটিল হবে, কিন্তু সব ধরনের সাহায্য পাওয়ার পর দেখি এটা খুবই সোজা এবং আমি এটা নির্মান করতে পেরে খুবই আনন্দিত।”

অভিভাবক এমদাদ রহমান, যিনি এই কোর্সে অংশ নিয়েছেন, তিনি বলেন, নাগরিক জীবনের অন্যতম অনুষঙ্গ হলো তথ্য প্রযুক্তি, তাই এটা শিখতে, উপভোগ করতে এবং ভবিষ্যতে কেরিয়ার হিসেবে এটাকে গ্রহণ করতে আমাদের বাচ্চাদেরকে এর সাথে সম্পৃক্ত করাটা খুবই গুরুত্বপূর্ণ। এই উদ্যোগ যারা নিয়েছেন, তাদেরকে ধন্যবাদ।

পাইলট কোর্সের সাফল্যের প্রেক্ষিতে

আয়োজকরা ভবিষ্যত কোডিং ক্লাবে যোগ দিতে আগ্রহীদের নাম তালিকাভুক্তির কাজ শুরু করেছে। আপনি যদি আপনার বাচ্চাদের সাথে এই কোর্সে অংশ নিতে আগ্রহী হন কিংবা কোর্স সম্পর্কে আরো বিস্তারিত তথ্য জানতে চান, তাহলে code.club@towerhamlets.gov.uk এই ইমেইলে কিংবা ০২০ ৭৩৬৪ ৪৪৫৮ নাম্বারে যোগাযোগ করুন।

টাওয়ার হ্যামলেটস্ কী কোড ক্লাব আগামী দিনের কোর্সগুলোতে অংশ গ্রহণকারী শিশু শিক্ষার্থীদের সাহায্য সহযোগিতা করতে উদ্যমি ও বন্ধুত্বাপন্ন স্বেচ্ছাসেবী নিয়োগ করতে চায়। ভলান্টিয়ারিং সম্পর্কে বিস্তারিত জানতে code.club@towerhamlets.gov.uk এই ইমেইলে যোগাযোগ করতে অনুরোধ করা হয়েছে।

কাউন্সিলের আইটি এপ্রেন্টিস আলিমা পেলেন শীর্ষস্থানীয় এওয়ার্ড Council apprentice Alima wins prize – see page 13

টাওয়ার হ্যামলেটস কাউন্সিলে এপ্রেন্টিস হিসেবে কর্মরত আলিমা খাতুন কাউন্সিলের কাজে অসাধারণ অবদান রাখার স্বীকৃতি স্বরূপ তথ্য প্রযুক্তির ক্ষেত্রে জাতীয়ভাবে শীর্ষস্থানীয় এওয়ার্ড লাভ করেছেন।

আলিমা গত এক বছর ধরে কাউন্সিলে কাজ করছেন।

ন্যাশনাল এপ্রেন্টিসশীপ উইক উপলক্ষে লন্ডনের কভেন্ট গার্ডেনে চার্টার্ড ইন্সটিটিউট অব আইটি (বিসিএস) এ এই এওয়ার্ড বিতরণী অনুষ্ঠানের আয়োজন করে জাস্ট আইটি। অনুষ্ঠানে বেস্ট সোশ্যাল মিডিয়া ফর বিজনেস এপ্রেন্টিস অব দ্যা ইয়ার খেতাব জিতেন আলিমা।

৬ ক্যাটাগরিতে বিজয়ীর নাম ঘোষণা করা হয় অনুষ্ঠানে। আইটি সেক্টরে শীর্ষ নিয়োগদাতাগণ, এপ্রেন্টিস এবং অভিভাবকরা অনুষ্ঠানে উপস্থিত ছিলেন।

সরকারের সহায়তায় তাদের এপ্রেন্টিসশীপ স্কীম শত শত ছেলে মেয়েকে তাদের আইটি, ওয়েবসাইট ও ডিজিটাল মার্কেটিং ক্যারিয়ার হিসেবে গ্রহণে সাহায্য করেছে।

যে সকল এপ্রেন্টিস তাদের প্রোগ্রামে অংশ নিয়ে বিভিন্ন ক্ষেত্রে অসাধারণ ভূমিকা রাখার স্বীকৃতি দিতেই জাস্ট আইটি এই এওয়ার্ডের আয়োজন করে।

অতিথি বক্তা হিসেবে অনুষ্ঠানে বক্তব্য রাখেন, বিসিএস এর সাবেক প্রেসিডেন্ট জস কেরিস, যিনি আইটি এপ্রেন্টিসশীপ এর গুরুত্ব তুলে ধরেন।

সাবেক এপ্রেন্টিস এবং বর্তমানে উদ্যোক্তা জশোয়া ওয়াদিয়া কিভাবে এপ্রেন্টিসশীপ



হিসেবে যাত্রা শুরু করে এখন নিজের কোম্পানীর অগ্রযাত্রার বিভিন্ন দিক তুলে ধরেন।

টাওয়ার হ্যামলেটস্ কাউন্সিলের ওয়েব ম্যানেজার ওডা রিসকা বলেন, আলিম কাউন্সিলের জন্য গুরুত্বপূর্ণ অবদান রেখেছেন

এবং জাস্ট আইটি কর্তৃক এই সম্মানের সত্যিকারের দাবিদার তিনি। তার মানসম্পন্ন কাজ কাউন্সিলের জন্য মূল্যবান সম্পদ, যার সুফল পাচ্ছে গোটা বারা। আমরা আশা করি আলিমা আমাদের সাথেই আগামী দিনগুলোতে কাজ করার ব্যাপারে সিদ্ধান্ত নেবে।

রোমান রোডের পিজা শপকে ৮ হাজার পাউন্ড অর্থদন্ড

Infestation shuts pizza takeaway – see issue 1097

বো এলাকায় অবস্থিত জনপ্রিয় একটি পিজা শপে ইঁদুরের মারাত্মক উপদ্রবের প্রমাণ পাওয়ায় এর মালিককে প্রায় ৮ হাজার পাউন্ড অর্থ দন্ডে দন্ডিত করা হয়েছে।

গত ২০১৪ সালের ডিসেম্বর মাসে কাউন্সিল কর্মকর্তারা বো’র রোমান রোডের ফ্লাভাস্ পিজা নামের পিজা ডেলিভারি ও টেকওয়ে সার্ভিসে রুটিন ইন্সপেকশন বা নিয়মিত পরিদর্শনকালে যত্রতত্র ইঁদুরের উপদ্রব দেখতে পেয়ে সাথে সাথে দোকানটি সাময়িকভাবে বন্ধ করে দেন।

প্রাথমিক অনুসন্ধানে রোমান রোডের এই পিজা শপের ইকুইপমেন্টগুলোর ওপরে নীচে উল্লেখযোগ্য পরিমান ইঁদুরের বিষ্টা পাওয়া যায়। প্রয়োজনীয় উন্নতি সাধনের পর কাউন্সিল অফিসরারা সন্তুষ্ট হওয়া সাপেক্ষে কয়েক দিন পর দোকানটি পুনরায় খোলার অনুমতি দেয়া হয়।

গত ফেব্রুয়ারী মাসে টেমস ম্যাজিস্ট্রেট কোর্টে অনুষ্ঠিত শুনানিতে ফ্ল্যাভাস পিজার মালিক নেস্ট লেভেল ট্রেডিং লিমিটেডের ডিরেক্টর ৯টি অভিযোগে দোষ স্বীকার করে নেন। আদালত শাস্তি ঘোষণার ক্ষেত্রে নতুন খাদ্য আইন নির্দেশিকা ব্যবহার করে এই অপরাধকে ক্যাটাগরি ২ হিসেবে বিবেচনায় নিয়ে শাস্তি ঘোষণা করেন। শাস্তি হিসেবে কোম্পানীকে ৪ হাজার পাউন্ড জরিমানা, মামলার খরচ বাবদ ৩,৫০০ পাউন্ড এবং ভিক্টিম সারচার্জ বাবদ ১২০ পাউন্ড, সব মিলিয়ে ৭ হাজার ৬২০ পাউন্ড প্রদানের নির্দেশ দেন।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944



Performance of Nripati (The Emperor) at last year’s event

‘এ সিজন অব বাংলা ড্রামা’র জন্য নাটক জমা দেয়ার কার্যক্রম শুরু

Submissions open for A Season of Bangla Drama – see issue 097

চলতি বছরের বাংলা নাট্যোৎসবে অংশ নেয়ার জন্য লেখক ও নাট্যকারদেরকে আমন্ত্রণ জানানো হয়েছে। কাউন্সিলের উদ্যোগে আয়োজিত আগামী নভেম্বর মাসে অনুষ্ঠিতব্য বাংলা নাট্যোৎসব ‘এ সিজন অব বাংলা ড্রামা’র জন্য নাটক জমা দেয়ার কার্যক্রম শুরু করা হয়েছে। আগামী ২৫ মের মধ্যে নাটক জমা দিতে হবে। কাউন্সিল মৌলিক রচনা ও উদ্ভাবনী আইডিয়ার সন্ধানে রয়েছে এবং টাওয়ার হ্যামলেটসে অবস্থিত সংগঠনগুলোকে অগ্রাধিকার দেয়া হবে।

এই নাট্যোৎসবে অংশ নিতে আগ্রহীরা www.towerhamlets.gov.uk/arts এই ওয়েবসাইট থেকে এক্সপ্রেশন অব ইন্টারেস্ট ফরম (আগ্রহ পত্র) ডাউনলোড কিংবা festivalsandevents@towerhamlets.gov.uk এই

ইমেইলে যোগাযোগ করে তা লাভ করতে পারবেন।

উল্লেখ্য, কাউন্সিলের সাংস্কৃতিক ক্যালেন্ডারের গুরুত্বপূর্ণ একটি অধ্যায় হচ্ছে এ সিজন অব বাংলা ড্রামা, যা গত ১৪ বছর ধরে কাউন্সিলের উদ্যোগে অনুষ্ঠিত হয়ে আসছে। মাস ব্যাপি অনুষ্ঠিত এই উৎসবে বৃটিশ বাঙালিদের জীবন ধারা তুলে ধরার পাশাপাশি বারার প্রতিভাবান লেখক, নাট্যকার, নাট্য শিল্পীদের প্রতিভা তুলে ধরা হয়।

৩ থেকে ২৭ নভেম্বর প্রতিটি সপ্তাহান্তে বারার বিভিন্ন ভেন্যুতে এই নট্যোৎসব অনুষ্ঠিত হবে। মৌলিক নাটক মঞ্চায়নের পাশাপাশি আলোচনা, প্রদর্শনী ইত্যাদিও অনুষ্ঠিত হবে। আয়োজকরা সাবমিশনগুলোর মধ্য থেকে চূড়ান্ত বাছাই তালিকা ঘোষণা করবে ৩ জুন।

রিসাইকল সম্পর্কে জানতে বারার শিক্ষার্থী পরিদর্শন করলো সাউদার্ক আবর্জনা রিসাইকল সেন্টার

Schoolchildren learn to recycle right

টাওয়ার হ্যামলেটস্ বারার স্কুল শিক্ষার্থীরা রিসাইকল সম্পর্কে অবহিত হতে কাউন্সিলের আবর্জনা অপসারণকারী ঠিকাদারী প্রতিষ্ঠান ভিওলিয়ার আবর্জনা প্রক্রিয়াজাতকরণ সেন্টার পরিদর্শন করে।

বো এলাকায় অবস্থিত ওল্ড প্লেস প্রাইমারী স্কুলের শিক্ষার্থীরা সম্প্রতি সাউদার্ক অবস্থিত ভিওলিয়ার অত্যাধুনিক ওয়েস্ট ম্যানেজমেন্ট ফ্যাসিলিটি এন্ড রিসাইকল ডিসকোভারি সেন্টার পরিদর্শন করে।

পরিভ্যক্ত সামগ্রী থেকে পূর্ণব্যবহার উপযোগী জিনিস বাছাই করার এই সেন্টারে টাওয়ার হ্যামলেটস্ থেকে সংগৃহীত আবর্জনাও পাঠানো হয়।

সাউদার্ক ফ্যাসিলিটিটি এমনভাবে ডিজাইন করা হয়েছে, যাতে করে লোকজন এটা ঘুরে দেখতে পারেন এবং রিসাইক্লিং বাছাই করার

প্রক্রিয়াটি বাচ্চারা নিরাপদে দেখতে পারে। এছাড়া রিসাইক্লিং ডিসকোভারি সেন্টারটিতে ইন্টার্যাক্টিভ সুবিধাদি থাকায় শিশুরা খুব সহজেই রিসাইকল করার জন্য বাছাইকৃত সামগ্রী এবং কিভাবে নতুন আইটেমের সাথে এটি রিসাইকল করা হবে, তা জানতে পারে ব।

পরিদর্শনকারী বাচ্চারা জানতে পারে যে গাছ থেকে কাগজ তৈরী হয় এবং তেল থেকে আসে প্লাস্টিক, যা রিসাইকল করে ফুটবল শার্টে রূপান্তর করা যায়। এছাড়া তারা আবিষ্কার করে যে এ্যালুমিনিয়াম ক্যান, স্টিল টিন ও গ্লাস একই মান ধরে রেখে রিসাইকল করা যায়।

বারার স্কুলগুলোর জন্য শিক্ষামূলক কর্মসূচির অংশ হিসেবে এই পরিদর্শন অনুষ্ঠিত হয়।

কাউন্সিলের পাবলিক রীলম এর অর্ন্তবর্তীকালীন প্রধান, সিমন বাস্টটার বলেন,

আমাদের ময়লা আজর্বনা, পরিত্যক্ত সামগ্রীগুলো কী পরিণতি হয়, কিভাবে রিসাইকল করা হয়, সেসম্পর্কে টাওয়ার হ্যামলেটসের সকল স্কুল শিক্ষার্থীকে অবহিত করতে চাই আমরা। আমরা আশা করছি আগামী দিনগুলোতে বারার অন্যান্য স্কুলের ছাত্রছাত্রীরাও সাউদার্কের এমআরএফ এন্ড রিসাইক্লিং ডিসকোভারি সেন্টার পরিদর্শন করবে। বারার স্কুল শিক্ষার্থীদের জন্য এই এন্টিভিটির আয়োজন করায় আমরা ভিওলিয়াকে ধন্যবাদ জানাচ্ছি।

ভিওলিয়ার শিক্ষা কর্মকর্তা, প্রোরিয়া ব্রান্ডকাল াচি বলেন, শিক্ষার্থী ও তাদের শিক্ষকদের জন্য এই পরিদর্শন সত্যিকার অর্থেই চোখ খোলে দেয়ার মতো। রিসাইকল বিন ব্যবহার করাটা কতটা গুরুত্বপূর্ণ এবং সব ধরনের মূল্যবান সামগ্রীকে দ্বিতীয় জীবন প্রদানের গুরুত্ব সম্পর্কে তারা জানতে সক্ষম হয়েছে।

In an Easter bonnet, wit

Over the Easter break, schoolchildren from across the borough showed off their eggs-traordinary skills with displays of artistic creativity, hat-making, parades and special assemblies.
Jessica Odubayo and **Shalina Hussain** report. Photos by **Kois Miah**.

**Arnhem Wharf
Primary School**

ARNHEM Wharf Primary School on the Isle of Dogs had three Easter bonnet parades on the last day of term. Performed by different classes, the parades were attended by parents and families. Assistant head Martin Crick acted as compere and entertained the audience with as many puns as he could think of. He commented: "There were even more eggs-traordinary and eggs-travagant designs than usual. The children and their families have surpassed themselves this year, working at home to produce some very creative bonnets."



CHILDREN and young people had an egg-cellent time during the Easter break with egg hunts, outdoor activities and arts and crafts sessions to keep them busy.

Organised by the council, the Easter Eggstravaganza at Victoria Park on March 24 attracted hundreds of egg-cited youngsters who took part in an egg hunt and bonnet parade. The children had fun solving clues and riddles around the playground in exchange for chocolate treats. Youngsters also unleashed their inner fashionista by creating custom-made bonnets and showed them off during a parade. Adventurous young people tried out climbing, cycling and canoeing taster sessions at the Urban Adventure Base in Mile End Park. Aimed at 11- to 19-year-olds, the free sessions gave young people the chance to try out something different. Idea Stores attracted the crowds during their Easter fortnight of fun which had a Beatrix Potter theme. Highlights included an Easter book hunt, card and bonnet-making sessions, a screening of Kung Fu Panda and writing their own comic. To find out more about free events organised by the council visit www.towerhamlets.gov.uk

Rayan and Eliz, left and Purno, right, enjoyed an Idea Store Easter craft session



The Easter bunny was on hand in Victoria Park to lead the egg hunt



Inaya enjoyed decorating her plate



Rayan, Sarah, Zainab, Shahnaz and Inaya get creative

h all their frills upon it...



Cubitt Town Infants School

THE sun wasn't shining but the children were when 270 pupils at Cubitt Town Infants School on the Isle of Dogs paraded their colourful Easter hats. "The Easter hat parade is a traditional event that brings our whole school community together," said head teacher Nikki Daly. "The amazing array of home-made hats was a great tribute to the efforts made by the children and their families. This is what memories are made of."



Christ Church Spitalfields Primary School

CHILDREN, staff and parents took part in Christ Church Spitalfields annual Easter parade. Everyone had been busy making their hats and bonnets and these were proudly worn as the school walked through the streets of Spitalfields on Tuesday, March 22. The hat wearers waved to passers-by and wished everyone a happy Easter. "The response to the parade from local residents, shopkeepers and tourists was very positive and the children certainly had great fun showing off their Easter hat creations. Well done everyone," said head teacher Julian Morant.

Our Lady and St Joseph Catholic Primary School

THE annual Easter bonnet parade at Our Lady and St Joseph Catholic Primary School in Poplar was a colourful affair as pupils showcased their creative designs. After the playground parade, pupils sat down and tucked into their chocolate eggs. "Congratulations to all the children who took part in our Easter bonnet parade, they looked truly amazing," said Jon Bond parent support adviser. The winners were Charlie and Jessie in nursery; Frankie, Lanre and Courtney in reception classes; Freddie, Olek and Mitchell in Key Stage 1; Courtney, Alice and Macey in Lower Key Stage 2 and Maddie, Sunya and Cape in Upper Key Stage Two.



A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Monday, April 4

7.15pm: Overview & scrutiny committee

Business includes reports on the children and families plan 2016-2019, promoting a shared responsibility and removing barriers to improved recycling, and improving disabled and ethnic minority staff representation at senior manager level. For details call David Knight on 7364 4878 or email david.knight@towerhamlets.gov.uk

Tuesday, April 5

5.30pm: Cabinet

For details call Matthew Mannion on 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

6.30pm: Licensing sub-committee

Items for consideration include an application for a premises licence for Department of Coffee and Social Affairs, 6 Lamb Street, Spitalfields and a variation of premises licence for Beach Blanket Babylon, 19-23 Bethnal Green Road. For details call Simmi Yesmin

on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Wednesday, April 6

7pm: Development committee

The meeting will consider planning applications from Duke of Wellington public house, 12-14 Toynbee Street, Spitalfields and 42-44 Aberfeldy Street, Poplar. For details call Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Tuesday, April 12

5pm: Commissioners' decision-making meeting

For details call Antonella Burgio on 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

7pm: Strategic development committee

For details call Zoe Folley on above contact details.

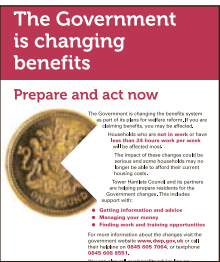
Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

EC3

38-40 Trinity Square – details of landscape and public realm of planning permission, ref: PA/11/00163.

St Katharine Docks Marina, St Katharines Way – details of biodiversity of planning permission, ref: PA/15/03012.

E1

45 Folgate Street – details of external materials and lighting control of planning permission, ref: PA/15/00074.

4-12 Batty Street – additional storey containing four apartments.

37 New Road – new staircase, railings, door to basement and internal WCs.

31-33 Prescott Street – details of construction logistics plan of planning permission, ref: PA/14/03553.

Rosery Court, 5 White Horse Lane – reduce bay tree to height of gutters and clear building by 50cm due to shading and leaves falling in gutters.

12 Rectory Square – loft conversion.

E2

Former London Chest Hospital, Bonner Road – environmental impact assessment in respect of proposed 450 residential units.

26-28 Cheshire Street – construction of basement below retail unit and existing car park and construction of skylights.

Victoria Public House, 4 Ravenscroft Street – change of use from dwelling to restaurant.

274a Bethnal Green Road – change of use from office to residential.

Gatehouse School, Sewardstone Road – details of external facing materials, refuse and

recycling, construction management plan, BREEAM, traffic surveys and secure cycle storage of planning permission, ref: PA/15/02881.

Verdigris Apartments, 31 Old Bethnal Green Road – installation of new louvered panel at rear.

Unit 3 & 4, 51 Derbyshire Street – details of cycle storage of planning permission, ref: PA/16/00047.

E3

457-527 Mile End Road – replacement aluminium double-glazed windows and rear doors.

16 Arbery Road – single storey rear infill extension.

61 Lyal Road – removal of main rear chimney.

Clare House, 10 Hawthorn Avenue – change the size of top glazing to accommodate smoke vents as required by building regulations.

Land at south east junction of Douro Street and Fairfield Road – details of sustainability report of planning permission, ref: PA/15/03049.

E14

Our Ladys Primary School, Copenhagen Place

– details of demolition, canal, asbestos, contamination and construction environmental statement, piling method statement and design and method statements of planning permission, ref: PA/15/02148.

Ocean Estate Site H, west of Aston Street, including Allonby, Channel and Studland Houses – details of parking management plan of planning permission, ref: PA/13/02911.

Former Job Centre Plus, 307 Burdett Road – details of basement floor levels and landscaping of planning permission, ref: PA/13/01656.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Drivers told 20 is plenty in safety drive

A COMMUNITY speed watch event set out to clamp down on drivers travelling over 20mph.

The event, on Wednesday, March 23, brought together the council, Metropolitan Police and public to educate them

about driving at speeds higher than the limit.

Police officers stopped speeding drivers on Old Ford Road between Bonner Road and Approach Road to warn them of the dangers of speeding, with some of the

worst offenders given fixed penalty notices.

All of the borough's non-red route roads carry the 20mph limit. Transport for London (TfL) supported the introduction by implementing the speed limit on Commercial Street.

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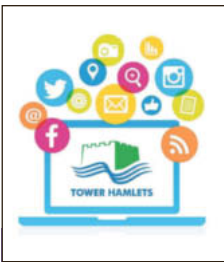
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Want local news and offers sent straight to your inbox? Residents and businesses can register today for up-to-date service information and more from the council.

WWW.TOWERHAMLETS.GOV.UK/SIGNUP



Spring snaps

Send your photos of spring in the borough to...

EASTENDLIFE.NEWS@TOWER-

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children’s services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes
– 7364 5015
Healthline – 7364 5016
Anti-Fraud – 0800 528 0294

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Spring has sprung in Museum Gardens, Bethnal Green. These daffodils were snapped by our photographer Kois Miah. If you have photos of spring you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council’s domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline
0808 2000 247
Haven Whitechapel (sexual assault referral centre)
7247 4787
Karma Nirvana (Honour Network Helpline)
0800 5999 247
Broken Rainbow (LGBT domestic violence)
0845 260 4460
Black Women’s Health & Family Support
8980 3503
Rights of Women

(legal advice)
7251 6577
Victim Support Line
0845 30 30 900
Victim Support Tower Hamlets
8555 8254
NSPCC Child Protection Helpline
0800 800 5000
Childline
0800 111
Shelterline
0808 800 4444
Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234
Men’s Advice Helpline
0808 8010 327
Samaritans
08457 909090
Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305
Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 7364 3493
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

Celebrate your Wedding Anniversary with East End Life

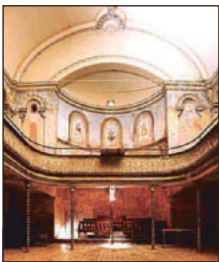
1 YEAR PAPER	4 YEARS FRUIT & FLOWERS	7 YEARS WOOLLEN	10 YEARS TIN	30 YEARS PEARL
2 YEARS COTTON	5 YEARS WOODEN	8 YEARS SALT	15 YEARS CRYSTAL	40 YEARS RUBY
3 YEARS LEATHER	6 YEARS SUGAR	9 YEARS COPPER	20 YEARS CHINA	50 YEARS GOLDEN

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Fyer! Fyer! at Wilton's

More than 400 children from Tower Hamlets schools will take part in music, art and drama workshops culminating in a production marking the 350th anniversary of the Great Fire of London.

[HTTP://WILTONS.ORG.UK/](http://wiltons.org.uk/)

'Cursed' Macbeth?

In the world of theatre, some will not mention its title out loud, referring to it instead as "the Scottish play".

SEE BELOW

Out & About

News in brief

Dara screening at Bengali Film Festival

THE National Theatre's acclaimed production of Dara will be screened as part of the first London Bengali Film Festival.

The play portrays the 17th century Moghul royals, the Shah Jahan family, and addresses historic debates around religious freedom and practices that have contemporary resonance.

The free screening takes place at The Cass, London Metropolitan University, on April 14.

It will be followed by a Q&A session with Anwar Akhtar from The Samosa Media Project, film festival founder Munsur Ali and Charlotte Worthington, head of Cass Film.

For more information and to book tickets for the event,

which begins at 5.30pm, visit <http://darascreening.eventbrite.co.uk/>

The Cass is at 25 Old Castle Street, E1.

An exhibition... with a difference

CHISENHALE Gallery presents the first UK solo exhibition by Berlin-based artist Maria Eichhorn.

Her two-part work, 5 weeks, 25 days, 175 hours, examines contemporary labour conditions.

The show opens with a one-day symposium exploring ideas raised by the project.

At Eichhorn's request, the gallery's staff will then withdraw their labour for the remaining five weeks of the exhibition.

None of Chisenhale's employees will work during this period and the gallery and

office will be closed, enjoying leisure and free time in the place of work.

The symposium features lectures by Isabell Lorey and Stewart Martin and will be chaired by Andrea Phillips.

The afternoon will be devoted to a discussion with the audience, in which Eichhorn will also participate.

The exhibition runs from Saturday, April 23 until Sunday, May 29.

The symposium takes place on Saturday, April 23 from 11am-6pm; registration is at 10.45am.

Tickets, which must be booked in advance, cost from £10/£7 concessions, including lunch and refreshments.

Visit www.eventbrite.co.uk/o/chisenhale-gallery-6661295937

The gallery is at 64 Chisenhale Road, E3.

HOW do you justify killing a comrade? A child? A king? Is self-preservation a motive to murder? When the soldier leaves the battle, does the battle ever leave the soldier?

This production of Shakespeare's Macbeth is a scaled-down, updated and highly intimate look at the tortured psyche of one of Shakespeare's great anti-heroes.

Six actors tell this classic story from a contemporary perspective and ask the audience to consider the psychological fissures that can be created by exposure to traumas such as war and the loss of a child.

Is there a link between the Macbeth's violent crimes and the horrors they have personally endured? Does their 'vaulting ambition' really hold the key to their disastrous ends, or is it something deeper – their ultimate 'aloneness' in a world defined by suffering and death?

Relative Motion, using Shakespeare's infamous tragedy, creates a fast-paced



production that delves into the psychosis of a man who moves from soldier to murderer to victim. Macbeth Redux is playing at The Space, in Westferry Road, E14 from Tuesday,

12-Saturday, April 23 at 7.30pm. Call 7515 7799 or visit <https://space.org.uk/event/macbeth-redux/> to book. Tickets are priced from £10-£14. Visit www.space.org.uk

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LONDON-based music charity Concordia Foundation is marking the 350th anniversary of the Great Fire of London with a production at Wilton's Music Hall.

Fyer! Fyer! explores the events through the eyes of a travelling group of players in an age of momentous change. More than 400 children from schools in Tower Hamlets will take part in music, art and drama workshops culminating with the production.

During the workshops, the children will work with singers, actors and musicians, who will perform and lead the productions.

The show will be performed in front of an invited audience of children and their teachers on Thursday, April 14.

Wilton's is at 1 Graces Alley, E1. Visit <http://wiltons.org.uk/>



'As natural as breathing'

"Everyone knitted, sewed and made their own clothes... the Blitz and rationing only forced them to be more resourceful. The shelters were filled with women all knitting and chatting."

SALLY FLOOD, PICTURED LEFT

Dedicated to them

"The generation that survived the Blitz have the power to shock, move, amaze us each time they open their mouths."

AUTHOR KATE THOMPSON

Out & About

Wartime women sew crucial

BY HELEN WATSON

IT'S 1940 and rationed, blacked-out and war-weary England spends every night bracing itself for the wail of the siren.

But in the shelters of Great Britain, over the thudding of bombs, another, more reassuring, sound emerges—the steady clicking of knitting needles.

Today, sewing bees are having a renaissance and knitting, sewing and crocheting have captured the nation's hearts, but during the Second World War, crafting was more than just cool—it was crucial.

Sewing circles knitted blankets for hospitals, stitched clothes for thousands of troops and made-do-and-mended clothing for battle-weary civilians, making a life beneath the bombs.

Now author Kate Thompson has written about the wartime phenomenon in her new book, *Secrets of the Sewing Bee*.

While researching her novel, she spoke to many crafting East Enders who had taken part in knitting and sewing during the war. So it was only natural that she chose the Brick Lane Bookshop to launch the book, on Thursday, March 17, and invited many of the contributors to the celebration.

Seamstress Sally Flood, 90, from Whitechapel, said: "Everyone knitted, sewed and made their own clothes back then, it was as natural as breathing, and the Blitz and rationing only forced them to be more resourceful. The shelters were filled with women all knitting and chatting."

Henrietta Keeper, 88, from Stepney, added: "Any woman worth her salt was knitting and sewing back then. It may have seemed insignificant, but

it was about doing your bit."

Ms Thompson, who has written a string of novels based on life in the wartime East End, said: "The launch night was just fantastic. It was such an honour to be joined in Brick Lane Bookshop by the many men and women I interviewed for *Secrets of the Sewing Bee*."

"I had the most incredible time researching the book and that was entirely down to them and their generosity in sharing their memories."

"Last year, while I was in the process of writing it, Britain celebrated the 70th anniversary of Victory in Europe Day (VE Day). It got me thinking about the significance and power of memories and their place in our shared history."

"I'm not talking about the memories of politicians, celebrities or high-ranking soldiers. I'm interested in the voice of the working-class woman on the street, who bore the cold, hard brunt of the war."

"The generation that survived the Blitz have the power to shock, move and amaze us each time they open their mouths."

"Take my first meeting with Kathy, nudging 90 and still line-dancing. She told me in detail about her fears on the first night of the Blitz and her raw anguish at seeing the destruction of her community at the hands of the Luftwaffe."

"After the interview I went to leave but she called me back. 'I nearly forgot love, I knitted you something,' she said."

'How sweet,' I thought, as she took out something in soft white wool from her knitting bag, 'she's knitted something for my baby son'.

"On closer examination it turned out not to be a pair of baby booties, but a willy warmer! Kathy and her friend



From left: author Kate Thompson with Sally Flood, Mari Butwell, Gladys Edwards and Henrietta Keeper at the launch



Vera took one look at my shocked face and fell about in raucous howls of laughter.

"This always serves to remind me... never judge! Elderly women are rarely the dodderly, sweet old ladies we at times perceive them to be. They are funny, fearless, robust, unshockable and invariably full of incredible gems of wisdom and wit."

"My book is dedicated to that generation."

■ *Secrets of the Sewing Bee* by Kate Thompson is published by Pan Macmillan, £6.99, and is available at Brick Lane Bookshop, Amazon and most supermarkets.

To contact Kate, visit www.facebook.com/KateThompsonAuthor/



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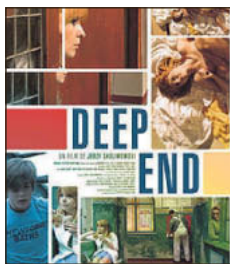
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WWW.MUSEUMOFLONDON.ORG.UK



Polish film classics at the Barbican

Catch the latest film from Polish director Jerzy Skolimowski, plus three of his rarely screened classics – Barrier, Moonlighting and Deep End – as part of the Kinoteka Polish Film Festival.

WWW.BARBICAN.ORG.UK/FILM

Out & about guide

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American

Fri, 1.45-3.45pm, £5, free refreshments. No beginners.
Kingsley Hall, Powis Road, E3.
8550 1392

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre, Isle of Dogs, E14.
7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday, 11am-12:30pm. St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Green Candle Senior Dance

Over-60s, no experience is necessary. Tues, 10.30am-12.30pm, one free taster session.
Oxford House, Derbyshire Street, E2.
7739 7722

Salsa

For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies.
Every Weds, 7.30-9.30pm.
The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance

All ability levels welcome. Every Fri, 7-9pm.
£7 per person or £10 for a lead/follow couple.

The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092

Zumba classes

Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm. St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Ballet for children

Every Thurs. Ages 2 1/2-3 1/2 years, 2-2.30pm; 4-6 years, 4.45-5.15pm. Alpha Grove Community Centre, Isle of Dogs, E14.
nina.monteiro@hotmail.com

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes

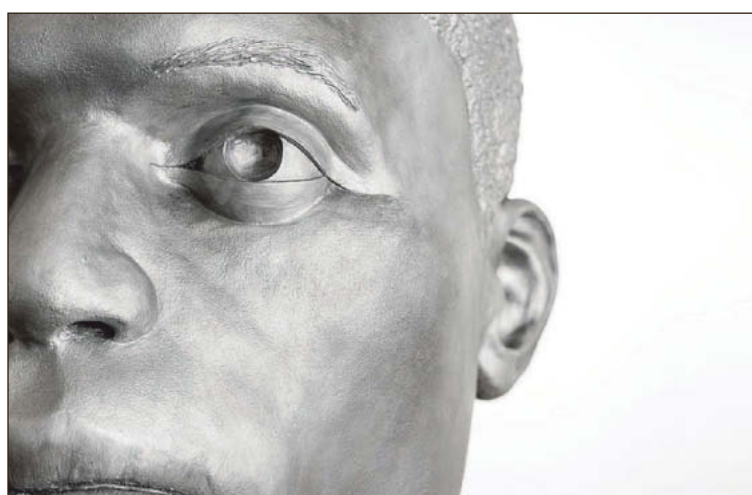
Mini-movers, 2-3yrs; leaps and strides I, 4-5yrs; leaps and strides II, 5-6yrs; dash, 7-11yrs.
Sat mornings. £44-49.50 per term or £4.50/£5 per class, plus concessions. Chisenhale Dance Space, 64-84 Chisenhale Road, E3.
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time

Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1.
7790 4039c



Cinema

Kinoteka Polish Film Festival

Showcasing the best of Polish film culture from the last year. Director Jerzy Skolimowski will have his latest film, 11 Minutes, shown at this year's opening night gala at the Barbican Cinema. A special retrospective of three rarely screened classic Skolimowski titles will also be screened: Barrier (1966), Moonlighting (1982) and Deep End (1970).
Barbican Cinemas, Barbican Centre, Silk Street, EC2Y.
0845 1207527
www.barbican.org.uk/film

Comedy

Circus Circus!

A night of laughter with Granny Smith clowning around, Apple Tart and Bounce and the Bubble Clown troupe on stage and walking about throughout the night. Adriano Fettucini will also present his bizarre juggling performance.
Weds, Apr 13, 7-11pm. £5.
Backyard Bar, 231 Cambridge Heath

Road, E2.
backyardbar.co.uk

Events

Perfect Plastic

Plastic is used in many things – from bags to toothbrushes and mobile phones. Who invented the first plastic and is it possible to make our own? Find out in this art workshop.
Minimum age 5 years.
Thurs, Apr 7, 12noon-1.30pm and 2.30-4pm. Free.
Museum of London Docklands, No 1 Warehouse, West India Quay, E14.
7001 9844
www.museumoflondon.org.uk

Exhibitions

The Craft of Wallpaper

Curated by design writer Charlotte Abrahams, the show brings together the work of 11 of the UK's most innovative makers – CUSTHOM, Juliet Chadwick, Claire Coles, Linda Florence, Fromental, Graham & Brown, Tracy Kendal, Elise Menghini, Identity Papers, Erica Wakerly and Waybreads.

Worship

Solo exhibition of new works by Thomas J Price, encompassing sculpture, film and photography. The show continues Price's exploration of a new mythology in which the ancient Greek, Roman and Egyptian traditions of monumental sculpture are deployed in the depiction of the 21st century social subject.
Until May 21. Wed-Sat, 10am-6pm. Free.
Hales London, 7 Bethnal Green Road, E1.
7033 1938 www.halesgallery.com

Tues, May 3-Sun, May 8, 10am-5pm. Free.
Geffrye Museum, 136 Kingsland Road, E2.
7739 9893
www.geffrye-museum.org.uk

Channa Horwitz

Among the pioneers in the late 1960s and 70s of a distinctly Californian minimalism, Horwitz came to base all her work on the numbers one to eight, often deploying a colour code for each number. This exhibition reconfigures the first survey of her work at KW Institute for Contemporary Art, Berlin in 2015.
Until Sun, May 1.
Raven Row, 56 Artillery Lane, E1.
7377 4300
www.ravenrow.org

Keepsakes

Exhibition of personal objects that keep memories of migration and identity alive. Commissioned by the Migration Museum, it tells moving stories of those coming to Britain through objects hidden away in



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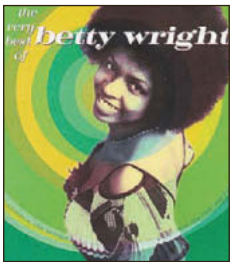
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All details correct at time of press.



Betty Wright at the O2

The iconic 1970s soul singer-songwriter – whose hits included Clean Up Woman and Tonight is the Night – will grace the stage at the O2, with support from Rose Vincent.

WWW.SOULMOTIONUK.CO.UK

Wild about Wilde?

Catch a new adaptation of two of Oscar Wilde's short story collections at The Space, for old and young alike.

SPACE.ORG.UK/EVENT/WILDE-TALES

Out & about guide

people's homes.

Until Sun, May 29. Mon-Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm; Sun, 11am-5pm. Free.
Idea Store Whitechapel, 321 Whitechapel Road, E1.
7364 4332

Thinking Place

Exhibition evidences the practical research work Mark Riley has undertaken on the nature of specific spaces that philosophers have used in order to think and write.
Fri, April 8-Sun, April 24. Free.
Oxford House, Derbyshire Street, E2.
www.oxfordhouse.org.uk

Events

Endangered 13: live painting

Bringing together some of the UK's most talented artists. Reflecting a growing concern about our relationship with nature, their mission is to help to create a more sustainable future.
Sun, Apr 10, 12noon-7pm. Free.
Friends of Tower Hamlets Cemetery Park, Ackroyd Drive, E3.

Music

Betty Wright live in concert

One of the iconic soul divas from the 70s, Wright will be playing at the O2 with supporting act, Rose Vincent.
Sun, Apr 10, 7pm. From £27.50.
Indigo at the O2, Greenwich, SE10.
7635 7299
www.soulmotionUK.co.uk

Theatre

The House of In-between

What if the thing you most wanted meant giving up everything you are



Hotdog Stand – Paul Trevor © 2016

Rich Mix 10th anniversary exhibition: Paul Trevor photographs

To commemorate the venue's first decade, east London photographer Paul Trevor has been invited to delve into his personal archive and select 25 images made in the neighbourhood. Starting from the 1970s, his photographs tell the story of the area prior to the arrival of Rich Mix. Local writer Alan Gilbey will respond to Paul's photographs, offering another insight into this fascinating and ever-changing place.
Weds, Apr 6-Mon, May 2. Free.
Mezzanine Gallery, Rich Mix, 35-47 Bethnal Green Road, E1.

7613 7498
www.richmix.org.uk

and believed in? Once revered across ancient Asia and Arabia, the third gender is now feared, reviled and discriminated against. Uma is the leader of one such clan in India, desperate to protect her house and preserve her millennia-old traditions and way of life. One day a stranger arrives in need of help and the community open their doors. Will this act of charity jeopardise all the clan hold dear?

Fri, April 8-Sat, April 30, 7.30pm.
£7-£23.50.

Theatre Royal Stratford East, Gerry Raffles Square, E15.
8534 0310
www.stratfordeast.com

Wilde Tales

Although known for his classic novels, Oscar Wilde's short stories continue to delight audiences worldwide. From stone princes to Spanish princesses, talking birds to terrifying giants, see these much-loved tales come to life like never before. In a brand new adaptation,

Suitcase Civilians draw on his two major collections – The Happy Prince and Other Stories and A House of Pomegranates – and translate them into a magical experience for young and old alike.

Tues, Apr 5-Sun, Apr 10, 7.30pm, Sat, 4pm. £10-£12.
The Space, 269 Westferry Road, E14.
7515 7799
space.org.uk/event/wilde-tales

Christine Bovill's Piaf

The award-winning songwriter

bursts on to the scene with a compelling performance singing of life's triumphs and tragedies, in a powerful homage to one of France's most enduring icons. No gimmicks, nothing but a voice re-living the remarkable journey of Edith Piaf through the world of French song.

Tues, Apr 12-Sat, Apr 16, 8pm.
£15-20, £10 concessions.
Wilton's Music Hall, Graces Alley, E1.
7702 2789
www.wiltons.org.uk



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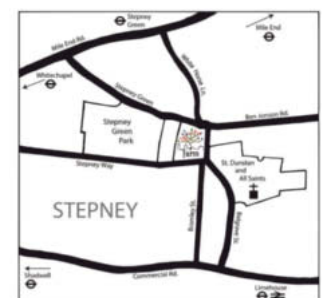
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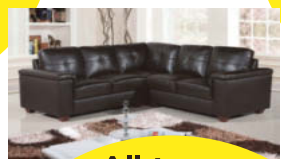
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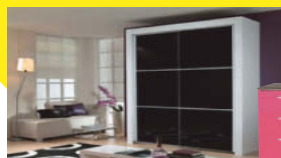


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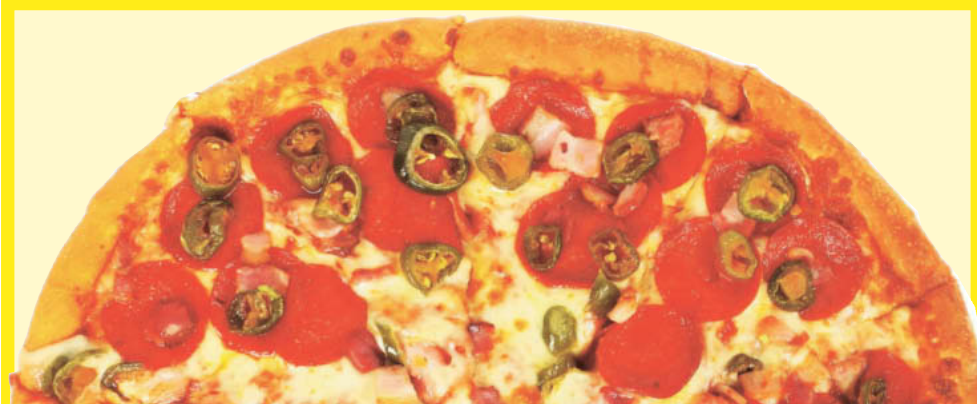
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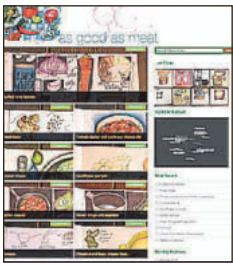
Theshipcanarywharf.co.uk



The Ship Inn



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Penny's picks are As Good As Meat

Vegetarian blogger Penny Wilson's kids have never eaten meat and have no desire to. "We don't much care what other people eat, so long as we are left to enjoy our food," she says.

WWW.ASGOODASMEAT.COM

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Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

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Eating out, eating in

We'll be back for more at this friendly boozer

BY GORDON BLUE

THERE'S nothing more luxurious than a leisurely lunch on a weekday.

And so we find ourselves at the Morgan Arms in Bow, a lovely neighbourhood boozer that prides itself on a warm welcome.

The newly found spring sun dapples the interior of this characterful pub and we are soon seated and ready for food.

Muted paintwork and bare wood provide a relaxed feel in the bar area, while the dining room setting is sharpened by stained-glass windows and linen and glassware pristinely laying the tables.

This is an establishment with a well-thought through food menu that transitions from lunch to dinner with sophistication.

The Silver Fox swiftly orders a pint of cider, while I demurely stick to a ginger ale. There's a bit of a wait for our mains, but it's worth it.

The Fox's fish pie is piping hot and filled to the brim with



The Morgan Arms offers delicious food at a reasonable price

salmon, prawns and white fish.

The sauce is well-seasoned and flavourful without knocking out the more delicate flavours of fish. This comes with a side of your choice so isn't bad value at £14.

My fish and chips was generous in portion and came with minted peas and tartare sauce that, if not homemade, did a very good impression of it.

Chips were fried to perfection and would leave even the greediest of people sated – in fact, cut to evening and neither the Silver Fox or I could muster up an appetite.

For pudding we shared a decent treacle tart with mascarpone: light in pastry but dense in sweetness. This was a real treat and gave us theumph to get home before an afternoon

nap became compulsory.

Service was friendly and the owner talked us through the rotating art display on the walls.

Two ate like kings for a little over £40 in total, including service and coffee. We'll be back to try their fabled Sunday roast.

The Morgan Arms is at 42 Morgan Street, E3. Tel: 8980 6389.

www.morganarmsbow.com

Turn your pizza world inside out

THIS dish was invented at Glamis Adventure Playground in Wapping and was a massive success.

It's a great pizza substitute

and not unhealthy, especially when served with salad.

It will feature on the menu at the upcoming Glamis Kitchen Table cafe.

Inside out pizza

Ingredients

Half a bowlful of tomatoes
Large handful of fresh thyme and tarragon
1 onion, chopped

Salt and pepper
Olive oil
100g Cheddar cheese, grated
Packet of chapattis or tortillas

Method

1. Heat the oven to 200°C.
2. Wash the tomatoes. I prefer the little tangy ones, they are zingy like a sour sweet, but you may prefer the larger, sweeter sort. If you use larger tomatoes, chop them up – if you use the little ones, leave them whole.
3. Place the tomatoes in a frying pan and almost cover with water. Add the herbs and simmer until the tomatoes are soft and the water has nearly gone.
4. In another frying pan, slowly fry the onions until translucent and season with salt and pepper.
5. Put the onions and tomatoes

in a blender and whizz to a smooth paste. This mixture can be kept in the fridge for a day or so.

6. Take the chapattis or tortillas and spread the paste on to one half, then sprinkle with the cheese. Fold in half and place in a single layer in a lined baking tin.

7. Pop them in the oven and cook until the cheese melts and holds them together.

8. Remove from the oven and slice in half.

9. Serve with a green salad of lettuce, cucumber and a little shredded fresh mint.

By Penny Wilson

CALLING ALL RESTAURANTS

To
advertise
here call

Christine 0207 364 4994
Fatima 0207 364 4623
Terri 0207 364 4682
Sharan 0207 364 4061

London Borough of Tower Hamlets

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138 Salmon Lane
E14 7PQ

Please call SFP Property on
020 7538 2222



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YOUR LONDON. YOUR VOTE

You still have time to register
The last date to register to vote is
Monday 18th April 2016.
The quickest and easiest way to apply
to register is online at:

www.gov.uk/register-to-vote

For more information or assistance please
contact us at: email vote@towerhamlets.gov.uk
or call 020 7364 0872 (8am-5.30pm)

The Mayor of London runs your city,
from policing and housing to environment
and transport

The Assembly holds the Mayor to
account on your behalf



TOWER HAMLETS

IMPORTANT NOTICE FOR ALL ADVERTISERS

We would like to
remind you that East
End Life will be
published fortnightly
and our booking
deadlines and
copy deadlines have
changed.

**Please contact
the sales team to
reserve your space**

Christine
020 7364 4994

Fatima
020 7364 4623

Terri
020 7364 4682

Sharan
020 7364 4061

Publication dates 2016	Booking deadline	Copy deadline
4 April ROP/Display, Training/Recruitment Public Notices	24 March at midday 29 March at midday	29 March at midday 30 March at midday
18 April ROP/Display, Training/Recruitment Public Notices	8 April at midday 12 April at midday	11 April at midday 13 April at midday
2 May ROP/Display, Training/Recruitment Public Notices	22 April at midday 26 April at midday	25 April at midday 27 April at midday
16 May ROP/Display, Training/Recruitment Public Notices	6 May at midday 10 May at midday	9 May at midday 11 May at midday






CAMPUS ASSISTANT

0.7FTE (ANNUALISED HOURS)
LIBRARY AND STUDENT SERVICES
LONDON | Ref: 35830 | £18,211*

The post holder will be expected to contribute to the successful implementation of the University blended services model at the campus and whilst located in the Library and Student Services department the post holder is expected to work flexibly to support the wider functioning of the campus across a range of Professional Services departments and is responsible for the development and introduction of 'best practice' business processes, systems and performance indicators. The role includes elements of basic frontline IT troubleshooting.

To provide accessible, efficient and effective frontline services and excellent standards of customer care; to maintain the functionality and appearance of the physical learning environment; to contribute to smooth site operations, working to defined service standards to students, staff, visitors, organisations, face to face, online or by telephone.

Library and Student Services provides an integrated, customer focussed library, research, IT, media and learning support service to students and staff of the University. Student achievement and wellbeing is our prime concern.

*Incremental progression up to £20,399 (pro rata) applies, subject to university policy

Informal enquiries should be directed to:
Duane Collins, LiSS Supervisor on 01524 590871 or duane.collins@cumbria.ac.uk; or, Honor Rhodes, Head of Learning Services on 01524 590811 or honor.rhodes@cumbria.ac.uk

The closing date for this post is: Midnight on 10 April 2016

It is anticipated that interviews for this post will take place on one of the following dates: 20/21/22 April 2016

If it is not possible to apply electronically via <https://cumbriajobs.engageats.co.uk/> please contact the recruitment team:
Phone: 01524 590883 Email: jobs@cumbria.ac.uk



Need a fresh start? Are you unemployed and looking for work?

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To make an appointment please call the Advice & Guidance team on **020 8981 3298** or drop in to Eastside Youth & Community Centre, 6 Parnell Road, E3 2RB

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To find out more visit
www.elba-1.org.uk
www.facebook.com/eagles.programme
Deadline Monday 8 June 2016

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At Tower Hamlets Council, we provide services that meet the needs of local people and businesses. Our aim is to make the borough the best it can be.

Visit **www.towerhamlets.gov.uk/careers** to find out how you can be part of the Tower Hamlets story.

Free internet access and employment advice and support is available at all Idea Stores. Visit **www.towerhamlets.gov.uk/ideastore**

We are committed to equal opportunities for our staff and in our service delivery.







LONDON BOROUGH OF TOWER HAMLETS

PLANNING APPLICATIONS

PLEASE NOTE THAT THE LONDON BOROUGH OF TOWER HAMLETS PUBLISHES DETAILS OF PLANNING APPLICATIONS IN EAST END LIFE AND THE EAST LONDON ADVERTISER ON ALTERNATE WEEKS.

Applications at the following addresses were published in the East London Advertiser on 31st March 2016 and anyone wishing to comment may view the applications on the Tower Hamlets web site at <http://www.towerhamlets.gov.uk/Home.aspx> or ring 020 7364 5009 for details.

APPLICATIONS AFFECTING CONSERVATION AREAS AND LISTED BUILDINGS

Unit 305, Metropolitan Wharf Building, 70 Wapping Wall, London, E1W 3SS	PA/16/00558
Flat 12, University House, 16 Victoria Park Square, London, E2 9PE	PA/16/00416
519-523 Cambridge Heath Road, London, E2 9BU	PA/15/03252
68 -80 Hanbury Street, London, E1 5JL	PA/16/00631
International House, 1 St Katharines Way, London	PA/16/00596
Redundant Railway Viaduct North of Pooley House, Westfield Way, London	PA/16/00425
37 New Road, London, E1 1HE	PA/16/00006
Metropolitan Wharf Building, 70 Wapping Wall, London, E1W 3SS	PA/16/00629
129 Mile End Road, London, E1 4UJ	PA/16/00633
129 Mile End Road, London, E1 4UJ	PA/16/00637 & PA/16/00638
45 Bromley Street, London, E1 0NB	PA/16/00266
1 Broomfield Street, London, E14 6BH	PA/16/00601
81 Roman Road, London, E2 0QN	PA/16/00284

HOUSEHOLDER APPLICATIONS

37 Hesperus Crescent, London, E14 3AB	PA/16/00661
16 Arbery Road, London, E3 5DD	PA/16/00663
47 Chapel House Street, London, E14 3AS	PA/16/00648
10 Zealand Road, London, E3 5RB	PA/16/00643
37 Vivian Road, London, E3 5RE	PA/16/00646
45 Bromley Street, London, E1 0NB	PA/16/00265
23 Chisenhale Road, London, E3 5QY	PA/16/00435
4 Pekin Close, London, E14 6HA	PA/16/00615

MAJOR APPLICATIONS

Redundant Railway Viaduct North of Pooley House, Westfield Way, London	PA/16/00425
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Dated: 4th April 2016

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 15(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2015 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Wood Wharf RM01A (Development Plots A1, A4 and B3) Wood Wharf, Prestons Road, London	PA/16/00772
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Details of all reserved matters (Access, Appearance, Landscaping, Layout and Scale) pursuant to outline planning permission ref PA/13/02966 dated 24/12/2014 relating to the following areas of the Wood Wharf Masterplan:

- i. Development Plots A1, A4, B3
- ii. Ground and above ground infrastructure, streets, structures, open spaces, landscaping and public realm within Part of Development Zones A, B, D and K
- iii. Ground a d above ground infrastructure, streets, open spaces, landscaping and public realm outside Development Zones A, B, D and K but linked to i and ii above.

Comprising 483 private residential units (Class C3), 10,726 sqm (GIA) of business accommodation (Class B1), 1,907 sqm (GIA) of retail, leisure and community uses (A1-A5, D1 and D2), 1,780 sqm of ancillary circulation space; as well as associated infrastructure, streets, open spaces, landscaping, public realm, parking, servicing, utilities and other associated works.

[Please note that this reserved matters application is submitted to facilitate a number of amendments to the previously approved reserved matters application ref PA/15/00018 dated 27/07/2015]

South East Junction Of East Smithfield And Vaughan Way Pavement, East Smithfield, London	PA/16/00656
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Prior notification for proposed installation of a Vodafone RBS 6102 cabinet to be painted black.

The application and supporting drawings may be viewed electronically at the Planning Office between 9am and 1pm Mondays to Fridays. However, paper files are available for major applications only. You can visit between these times without making an appointment and a planner will be available to help with any general enquiries. The information will also be available on the Council's web site at <https://development.towerhamlets.gov.uk>. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at:

Tower Hamlets Planning Department, Mulberry Place,5 Clove Crescent, London E14 2BG
email: development.control@towerhamlets.gov.uk

Dated: 4th April 2016

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BRUSHFIELD STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London and City of London, propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- **Location:** length of carriageway in Brushfield Street Street between its junction with Crispin Street and its junction with Commercial Street;
- **Reason:** To allow crane works to be carried out on the public

highway by Baldwins Crane Hire Limited;

- **Alternative Route:** For vehicular traffic will be via Crispin Street, Bell Lane, Cobb Street, Middlesex Street, Gravel Lane, Stoney Lane, Houndsditch, St. Botolph, Whitechapel High Street and Commercial Street or Commercial Street, Whitechapel High Street, Aldgate High Street, Dukes Place, Bevis Marks, Camomile Street, Bishopsgate, Middlesex Street, Cobb Street and Bell Lane;
- **Period:** From Friday 22nd April 2016 to Sunday 24th April.

Please refer any queries regarding the above traffic restrictions to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 4th April 2016

SIMON BAXTER SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 14 (1) & 15(2)

TEMPORARY PROHIBITION OF TRAFFIC – MANCHESTER ROAD “BLUE BRIDGE” E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, made an Order, which will prohibit pedestrian and vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- **Location:** Manchester Road for a distance of approximately 50 metres on “The Blue Bridge” between its junction with Cold-

harbour and its junction with Steward Street;

- **Reason:** To allow essential works to be carried out on the public highway by A1 Traffic Safety Services Limited;
- **Alternative Route:** For vehicular traffic will be via Manchester Road, Marsh Wall, Westferry Road, West India Dock Road, Aspen Way and Prestons Road and vice versa;
- **Period:** On Sunday 17th April 2016 from 10:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 4th April 2016

SIMON BAXTER SERVICE HEAD PUBLIC REALM MULBERRY PLACE

5 CLOVE CRESCENT LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CRISPIN STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted Transport for London and City of London, made an Order which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- **Location:** Crispin Street between its junction with Brushfield Street and its junction with White’s Row;
- **Reason:** To allow crane works to be carried out on the public

highway by Baldwins Crane Hire Limited;

- **Alternative Route:** For vehicular traffic will be via Brushfield Street, Commercial Street, Whitechapel High Street, Aldgate High Street, Dukes Place, Bevis Marks, Camomile Street, Bishopsgate, Middlesex Street, Cobb Street and Bell Lane;
- **Period:** On Saturday 16th April 2016 and Sunday 17th April 2016.

Please refer any queries regarding the above traffic restrictions to David Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 4th April 2016

SIMON BAXTER SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 14 (1) & 15(2)

TEMPORARY PROHIBITION OF TRAFFIC – THREE COLTS LANE E2

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

- **Location:** Three Colts Lane, between junctions Cambridge Heath Road and Coventry Road;
- **Reason:** To allow crane works to be carried out on the public highway by Nationwide Traffic Solutions;
- **Alternative Route:** For vehicular traffic will be via Cambridge Heath Road (northbound), Witan Street, and Coventry Road and vice versa;
- **Period:** On the following three weekends from 08:00 hours until 18:00 hours and from 10:00 hours until 18:00 hours respectively:
 - a) On Saturday 9th April 2016 and Sunday 10th April 2016;
 - b) On Saturday 16th April 2016 and Sunday 17th April 2016;
 - c) On Saturday 23rd April 2016 and Sunday 24th April 2016.

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Network Management Team, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 4th April 2016

SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – FOURNIER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets propose to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding, the following temporary prohibition:

- **Location:** Outside 14 Fournier Street for a distance of approximately 30 metres between its junction with Wilkes Street and its junction with Brick Lane;
- **Reason:** To allow essential

gas works to be carried out on the public highway by Mervyn Lambert on behalf of TRIIO;

- **Alternative Route:** For vehicular traffic will be via Fournier Street, Commercial Street, Hanbury Street and Brick Lane. Please note residential access to properties will be maintained.

Throughout the duration of the works, and at times when the “one way” and “no entry” traffic signs are covered, the existing one way working in:

- a) Fournier Street between its junction with Brick Lane and its junction with Wilkes Street will be temporarily suspended;
- b) Wilkes Street between its junction with Hanbury Street and its junction with Fournier Street will be temporarily reversed to a south – north direction.

- **Period:** From Monday 25th April 2016 to Friday 29th April 2016.

Please refer any queries regarding the traffic restriction to David Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 4th April 2016

SIMON BAXTER
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

NOTICE OF APPLICATION FOR A TIME LIMITED PREMISES LICENCE

NOTICE IS GIVEN THAT Create Cocktails have applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003

Premises: Unit FG 008, F Block, Ground Floor, Dray Walk, E1 6QL

The licensable activities and timings are: Ticketed and time allocated event serving alcohol to 138ppl guests max per day, spread over 3 sessions per day. Wednesdays, Thursdays, Fridays – 12:00 - 23:59. Saturdays - 12:00 – 23:59. Sundays - 12:00 – 22:00. Walk in public bar for 10ppl max at any one time. Low background music in operating hours.

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG
 Website: www.towerhamlets.gov.uk
 Tel: 020 7364 5008

Representations must be received no later than 02/05/16

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

Notice is given that LIFT (London International Festival of Theatre) has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Tower Hamlets Cemetery Park, Southern Grove, E3 4PX

The Licensable activities are: Tuesday 14th June to Sunday 19th June 2016; and Thursday 23rd June to Sunday 26th June 2016

The provision of regulated entertainment (outdoors) in the form of: Plays, Films, Live Music, Recorded Music, Performances of Dance and Anything of a similar description 17:00hrs to 23:00hrs
 Supply of alcohol (on sales only): 17:00hrs to 22:30hrs

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Department, London Borough of Tower Hamlets, Mulberry Place (AH), PO Box 55739, 5 Clove Crescent, London, E14 1BY

Representations must be received no later than 28/04/2016

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

To place your advert in East End Life, call...

Chris on 7364 4994

Fatima on 7364 4623

TOWN AND COUNTRY PLANNING LONDON BOROUGH OF TOWER HAMLETS

TOWN AND COUNTRY PLANNING ACT 1990 (TCPA 1990) NOTICE OF ORDER MADE TO STOP UP HIGHWAY IN THE LONDON BOROUGH OF TOWER HAMLETS

1. THE COUNCIL OF THE LONDON BOROUGH OF TOWER HAMLETS hereby gives notice that it has made an order under section 247 of the TCPA 1990 authorising the stopping up of an area of highway at the carriageway from Cording Street, Poplar, London E14 to the rear of 160 Chrisp Street, Poplar, London E14 from a point approximately 36m east of the channel line of the junction of Chrisp Street to a point approximately 38m north along the existing carriageway alignment and measured along the back of the footway as shown on the deposited plan made on 4th April 2016.
2. The order is made to enable the development described in the Schedule to be carried out in accordance with the planning permission granted under Part III of the TCPA 1990 for the development authorised by the Council to Bellway Homes Ltd (Thames Gateway) on the 11th December 2015.
3. A COPY OF THE ORDER AND PLAN (reference: The London Borough of Tower Hamlets, Cording Street, London E14 (Stopping Up) Order No. 2016) may be inspected free of charge at the London Borough of Tower Hamlets, Town Hall, Transport and Highways, 5 Clove Crescent, London E14 2BG
 (quoting reference: 2016_s247_Cording Street_Sophia_Stewart) between 09:00 and 17:00 Monday to Friday (excluding bank holidays and public holidays).
4. ANY PERSON AGGRIEVED BY THE ORDER and desiring to question the validity thereof, or any provision contained therein, on the ground that it is not within the powers of the above Act or of any regulation made there under has not been complied with in relation to the Order, may, within 6 weeks of the 4th April 2016 apply to the High Court for the suspension or quashing of the order or any provisions contained therein.

Dated: 4 April 2016

JERRY BELL
APPLICATIONS TEAM LEADER

SCHEDULE

Land at 160 To 166, Chrisp Street, London E14 - Demolition of existing buildings on the site and redevelopment to provide new buildings ranging from three to twelve storeys to provide 254 residential units (comprising 99 x 1 bed; 100 x 2 bed; 51 x 3 bed: 4 x 4 bed), together with associated car parking, amenity space, child play space and infrastructure works.



Terms of provision for sexual health services



Providers of sexual health services who wish to supply services to Tower Hamlets residents are requested to take note of the local prices, terms and processes for payment published by the London Borough of Tower Hamlets effective 1st April 2016 to 31st March 2017.

Terms are available here bit.ly/1nIH5t9

It could affect YOU!



You should always take note of a public notice. It is a legal notice to inform the public of a change that could affect them short term or on a permanent basis. It could be anything from a change to a building to the construction of a building. It could be a notice of insolvency of a company you have dealings with or the closure of a footpath you regularly use.

TAKE NOTICE OF PUBLIC NOTICES!

Public & Legal Notices

Why you should read these.

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

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support.
We hope you
never need ours.**



**Support
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**With your donation,
we will save more lives**

Go to: londonsairambulance.co.uk/donate

Alternatively contact us to find out how you can work with us,

email: donorsupport@londonsairambulance.co.uk

or call us on: **020 7220 5490**

Registered Charity London's Air Ambulance is a registered charity that provides an advanced trauma team to critically injured people in London. Registered Charity (601130).





No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from netball to kickboxing and rugby

SEE BELOW

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Student holiday sport camps will keep kids out of mischief

BY PETER FAULKNER

QUEEN Mary University's Students' Union is this week launching a series of sports camps for children.

Run by the union's community sport programme they offer a range of activities for 8- to 13-year-olds, during spring and summer.

Football, netball, rounders and basketball are among the options and those taking part can experience at least ten sports a week.

Participants learn in the morning through games and challenges and utilise these newly-developed skills in afternoon tournaments.

Children of all abilities are encouraged to develop their sporting and social skills in an enjoyable and positive environment.

The first is this week, April 4-8. But if you can't make that, there will be five summer camps in August.

The camp runs from 10am-4pm and there is an option for extended hours from 9am-5pm.

Go to www.qmsu.org/communitysport/holiday to register.

Day options are available from £9.99,



The camps promise fun and a variety of sports for children of all abilities

with week-long options from £39.99. The Queen Mary Students' Union Community Sport programme aims to

increase activity levels within Tower Hamlets, using college students as sports coaches and officials. Since August

2013 it has trained 90 students, who have taken charge of more than 1,000 hours of sport in the borough.

Win a US trip

Basketball

BASKETBALL fans can win a trip to America thanks to the London Lions.

Lions have teamed up with Shake Shack, a fast food stand at Westfield Stratford City.

Fans who buy a game night programme at either Lions home game this Friday, April 8 or Sunday 10 and find a green burger icon on the Shake Shack page will be ushered on to the court.

There they will have a chance to shoot for the prize – a trip for two including flights, transfers, two nights in a hotel and dinner at the original Shack in Madison Square Park, New York.

■ FANS can play with the pros at Lions' Easter basketball camp.

The camp is on April 7 at Stratford's Copper Box Arena and Tower Hamlets youngsters are being invited to play and train alongside Lions stars Nick Lewis and Demond Watt.

It costs £40 for three-and-a-half hours coaching and a voucher for two match tickets.

Find out more at www.londonlionsbasketball.com

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Leisure Centre
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street,
Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Sport & leisure

Back to netball
£1.10. Tues, 6pm.
John Orwell Sports Centre,
Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin
Centre, Glamis Road, E1.
07961 951522

Cricket coaching
Under-11s and under-13s –
Weds, 4-5.30pm; under-16s –

Tues, 4.30-6pm; ages 16+ –
Thurs 5-8pm.
Dockland Settlement,
197 East Ferry Road, E14.

Docklands women's running group
All abilities welcome
Mon, 6.30pm. Mile End
Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Every Sat, 9-11am for boys and
girls aged 5-11, Mulberry School
for Girls, Richard Street, E1; 12-
1pm for boys and girls aged 3-
5, St Patrick's School, Dundee
Street, E1W.
07956 095218

Kibondo
Martial art for ages 6 & over.
Mon, 6.30-8pm, all ages; Fri, 7-
8.30pm, seniors & adults. £4

adults, £3 children, first lesson
free. Teviot Centre, Wyves
Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues,
7pm (women only).
Whitechapel Sports Centre,
Durward Street, E1.
07983 201987

Chi Kung
Ancient Chinese exercise
practice with gentle,
meditative exercises.
Mon, 6-7.15pm.
St Margarets' House
Settlement, E2.
07905 098413

Kool Karate and Fitness Fun Class
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St

James's Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung
system of ving tsun.
Weds, 8-9pm. £7, adults only
(kids classes coming soon).
St John's Church Hall, 200
Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm. Bryant Street
Methodist Centre, Stratford, E15.
07950 637345

Muay Thai for women
KO London, 186 The Arches,
Globe Road, E2. Sat 3-4.15 £7
concs, £9 waged.
7265 9693

Martial arts
Learn the Wong Shun Leung

system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200
Cambridge Heath Road, E2.
07930 609379

Muay Thai
For people who experience
mental health problems along
with general members of
public. £1-£3.
Mon-Fri 7pm to 8.30pm.
Oxford House, Derbyshire
Street, Bethnal Green, E2.
07769 797916

Rugby
Millwall Rugby Club. Men's,
women's and youth teams.
Suns, 10.30am-12pm (youth);
Mons, 7.30-9pm (adults); Weds,
7.30-9pm (men); Thurs, 6.30-
7.30pm (boys aged 7-17); Thurs,
7.30-9pm (women all ages).
www.millwallrugby.com

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Every team is important to the club

“We focus on lifting the whole club from bottom to top. Our ladies 7s are a great example – nine new joiners, seven of whom came through our beginner programme, and they win their league.”

WAPPING CHAIR STUART BURNSIDE

Sport

Soccer

Alex takes football to refugee camps

ENGLAND women's footballer Alex Scott has been putting a smile on the faces of kids in war-torn Iraq.

The Bethnal Green-born player, with more than 120 caps to her name, went to Iraq to visit a football project funded by the Arsenal Foundation, in partnership with Save the Children.

The foundation has funded two artificial football pitches within refugee camps for children and families who have been forced to flee their homes.

Scott said: “The bravery and resilience the kids in the camps show is awe-inspiring.

“But these children have witnessed and experienced terrible atrocities and many have lost loved ones and friends.

“By encouraging team work, instilling a sense of achievement and just by having some fun, football is helping them to recover.”

Throughout her stay Alex heard some of the devastating stories from children that have been affected by the conflict and who are benefiting from the programme.

The Arsenal Foundation has raised more than £1.5m for Save the Children since 2011.



Alex Scott in action

Results round-up

Sporting Bengal...1 Clapton...6; Sporting Bengal...3 Southend...1; Bowers-Pitsea...7 Tower Hamlets...1; Newham...0 Tower Hamlets 1; Greenhouse Sports...2 Tower Hamlets...1; FC Hamlets...3 East Londoners...2; Ramsden Scotia...0 FC Hamlets...2.



Karate

LUAN Veras, Demie Holland and Tayla O'Brien turned in star performances at the Orléans Open Karate Championships for 7- to 17-year-olds. Luan and Demie, both 11 and members of Poplar's Veras Karate Academy, won gold medals in the sub-45kg and sub-50kg categories. Tayla, 13, who competes for the Bethnal Green Uechi-Ryu club, managed to get a silver medal – her first international podium.

This is the third consecutive year Veras Academy has attended the Orleans event, in north-central France, and the third time Luan Veras has won a medal – gold in 2014, silver in 2015 and now gold again.

Demie was making her debut in the international field and winning her first individual gold abroad was some achievement. Tayla, who trains under Terry Daly and is a pupil at Morpeth School, went to the Kent Open



championships 24 hours later and, despite being travel-weary, she produced some great fights and was crowned champion, a gold medal success to be proud of.

Bethnal Green Uechi-Ryu Karate Club is in Approach Road, Bethnal Green and Veras Academy's base is at Grundy Street, Poplar. Pictured are Tayla with her silver medal (above right) and Demie Holland, coach Raphael Veras and Luan Veras (above left).

Strength in depth pays for Wapping record breakers

HOCKEY ROUND-UP BY PETER FAULKNER

WAPPING Hockey Club have underlined their strength in depth, gaining a record ten promotions and nine league titles.

In addition, all 17 of the club's Saturday sides recorded their highest ever individual league positions.

Wapping performance head Rachel Haseloff said: “League results are a benchmark of success, but we have never set performance targets.

“We simply try to create an environment where they can enjoy their hockey and the results flow from that.”

Wapping chair Stuart Burnside added: “We focus on improving all players and lifting the whole club from bottom to top, rather than on the top to the expense of the rest.

“Our Ladies 7s are a great example – nine new joiners, seven of whom came through our summer beginner programme, and they win their league.”

Wapping men's first team headed

into the final game of the season with the East Premier A division championship already won and national league status secured.

However, neighbours Old Loughtonians, would inevitably be tough opposition.

Head coach Ryan D'Souza, temporarily came out of retirement for his first competitive game for three years and came on to inspire his team.

Twenty minutes into the half, against the run of play, the visitors finished off a slick counter attack to give them a 1-0 half time lead.

Wapping's dominance continued only for Old Loughtonians to double their lead.

With ten minutes to go, 2-0 down and having missed a penalty, Wapping turned the game around.

Man of the match D'Souza halved the deficit with a reverse stick shot into the roof of the net.

Then, with two minutes left, Ian Kibble finished off a brilliant team move to level the game.

Grant Aidoo-Nash pounced on a re-

bound to hit a winner to preserve Wapping's unbeaten record.

Following the completion of a £650K investment programme, the ladies first team returned to the John Orwell Stadium in Wapping, for the first time since the 2010/11 season.

Goals from Belinda Armstrong and Kate Silbermann wrapped up a comfortable win over Canterbury, retained Wapping's unbeaten record, kept them top of the table and started the champagne corks popping.

The ladies' second team romped to a 5-2 win at Bexleyheath & Belvedere, which enabled them to leapfrog Havering into the promotion spots, after the latter slipped up on the road at Burnt Ash.

East London men's 1st...3 Bishops Stortford 1st...2

EAST London were looking for revenge but were shocked when Stortford's gung-ho approach was rewarded with a goal. For the remainder of the first quarter East struggled and played short-handed as Daniel Collis was sin binned.

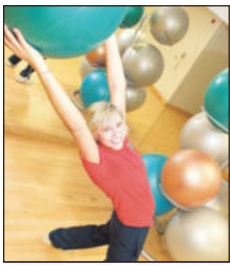
East came out stronger in the second half and took advantage when Stortford players were suspended. A through-ball found Adam Lord, who deftly put the ball between the keeper's legs to equalise, then Adam Willoughby put East ahead. Henry Emery sealed the win despite a second Stortford strike.

Tunbridge Wells ladies 2nd...0 East London ladies 1st...4

PATIENT build up led to East's first goal, with Eilis Quinlan scoring from a penalty corner. Quinlan went on to complete a hat-trick and Emily Menzies also scored to wrap up a comfortable win.

Highlights of other games

ALL five ladies teams who were in action won, scoring a total of 26 goals and keeping a combined clean sheet. There were four hat-tricks in for the second team game with Kerry Jacks (4), Mara Waters, (4), Rebecca Sobel, (3) and Chloe Vaughan (3), all shining in a 14-0 win over Colchester. East ladies' third and fourth teams both won their divisions.



Get fit and have fun

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Sport

Elbow strain halts Taslima's world championships bid

SCHOOL SPORT
BY PETER FAULKNER

TASLIMA Begum's hopes of qualifying for weightlifting's World Youth Championships in Poland are over – by the narrowest of margins.

She competed in the London juniors at Harrow School, along with fellow Oaklands School club-mates Ubayda Choudhury and Naqibul Hasan – and failed by just 3kg to qualify for the world event.

Taslima lifted 48kg and 50kg, but when she attempted 53kg the bar went up well but didn't stay up.

This caused stress on her elbow and coach Rich Kite abandoned the last attempt to reduce risk of injury.

In the clean and jerk, Taslima lifted 71kg to give her a final total of 121kg.

Ubayda Choudhury, from Sir John Cass Sixth Form, and Naqibul Hasan, from Stepney Green Boys Sixth Form,



Naqibul Hasan, Ubayda Choudhury and Taslima Begum are pictured with Rich Kite

both qualified for the British Under-17 Championships.

Ubayda started by getting five out of six successful attempts, hitting a new competition personal best.

Competing in the sub-62kg category, he reached a total of 112kg, including 50kg in the snatch.

Naqibul, in his first official competition in the below 85kg,

cruised through his snatches to finish on 70kg.

In the clean and jerk, he lifted 100kg, and ended with a final total of 170kg, smashing his target of 155kg.

Medal haul for judo kids

STUDENTS from schools and colleges joined forces as Tower Hamlets Judo Club at a British Judo London Area Development event.

There were more than 300 juniors (8-15 years old) and 150 seniors at the at the University of East London.

Old Ford School picked up two gold medals through Shaez Ahmed and Riyaz Ahmed, as well as a silver from Ibrahim Islam.

The biggest medal haul went to Stepney Green. Adeel Hussain and Ilyas Djelloul gained silvers, with bronze medals going to Jahed Ahmed, Suleyman Djelloul Ismail Islam and Abidur Rahman.

Younes Aberkane managed a second placed finish for Bow School while Lawdale got a silver and a bronze through Amir Boussettoua and Abdellah Boussettoua.

More table tennis success for Morpeth

BETHNAL Green's Morpeth School is dominating the table-tennis scene and the boys and the girls are poised to make a huge impact in the coming weeks.

The under-16 boys have just won the regional final of the Butterfly National Team Championship – and will now aim for glory in the national finals on Saturday, April 16 at Hinckley, Leicestershire.

And the school could be in for more success in the individual finals event on April 23.

Nabilah Rifat (under-16 girls), Yasna Hawbash (under-13 girls), Anthony Lynch (under-16 boys) and Rijul Roychoudhury (under-19 boys) are all in with a chance of a medal.



■ A TEAM of Murhad Hussain, Imran Hussain, Anthony Lynch, Jamie Dignum and Rijul Roychoudhury (pictured) became under-16 regional schools champions in Bournemouth.



BIG things are expected of the Raine's Foundation year 11 basketball squad after one of their most successful seasons ever. The Bethnal Green squad became borough champions after going through the tournament undefeated and went on to represent Tower Hamlets in the London Youth Games. In the first they beat Brampton Manor, Newham, in the second round they defeated Highbury Grove, Islington and in the eastern region finals they beat Dulwich College. En route to the last four, the team went ten games unbeaten. In the semi finals their run came to an end when they lost 85-79 to eventual champions Lampton Academy. But they won the third place play-off beating Grieg City Academy 68-67.

Boxing Weighting game

REPTON'S John Connor Lee went out of the Cadet Championships at the quarter-finals stage at Leysdown, without throwing a punch.

Lee was eliminated after failing to make the weight despite several attempts to come in under the limit.

Only Michael Lee lost in the ring, while George Mitchell, twins Jack and Bill Oliphant, Johnny Johnson, Henry Smith, Denis McCann, Joseph Inman, Adam Mohammed, Henry Turner, George Ellis and Lasa Masud all went through.

Six of the Leysdown contingent went through on byes.

Four other Repton boxers will also be chasing glory when the annual senior ABA championships begin later this month.

Umar Sadiq, Jimmy Smith, James Branch and Alex Mendoza have all been nominated by the club.

Thai boxing Gohar's mission

THAI boxing classes with a difference are being launched in Bethnal Green – for people in the borough suffering mental health problems.

Mental health worker Gohar Ghouse is running the Muay Thai Boxing Academy with the support of the council so that people with mental health issues can integrate with other members of the public and get fit at the same time.

The club is based at Oxford house, Derbyshire Street, Bethnal Green and runs training sessions twice a week – Monday and Friday 7-8.30pm.

Call Gohar on 07769 797916 or email thaiboxingfightersacademy@yahoo.co.uk

Futsal Warriors march on

BETHNAL Green-based Warriors Futsal club continue to shine in the newly formed Futsal League at Leyton with another impressive victory.

This time they beat Bayer London 10-3, in a match they controlled from the start.



More inside

For schools sport, boxing, football, hockey, and our listings...

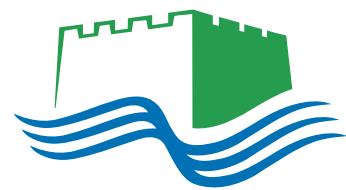
SEE PAGES 33-35



The power behind the power

Weightlifter Mercy Brown, who is aiming for the Rio Olympic Games, says she owes her success to ex-Olympian George Manners, left, who has trained her since she was 15.

SEE BELOW



TOWER HAMLETS

eastend sport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Good Manners takes Mercy to the edge of Rio

BY PETER FAULKNER

MERCY Brown is facing the biggest challenge of her weightlifting career so far.

The Poplar youngster is aiming for a place in the Great Britain team at the Rio Olympic Games in August.

But her selection for the greatest show on earth could hinge on how she performs in the European Weightlifting championships in Forde, Norway, starting on Saturday, April 10.

This is the final Olympic qualifier so the stakes are high for Mercy, 19, who holds British records from under-16 up to senior level and is unbeaten nationally.

She says that the key to everything she has achieved is one person – her coach George Manners.

George, who represented Britain at the 1964 Tokyo

Olympics, began training Mercy as a 15-year-old at the Bethnal Green Club. The pair now put their weight behind power and glory at Crystal Palace.

“Everything I do and everything I have done in the sport is down to George,” Mercy told East End Life.

“I owe him everything, my training, my programming. He has changed my life.

“He also deserves praise for what he has done in the community, not just with me but with other weightlifters too.

“George has been my inspiration and I want to succeed at the very top to show him how much I appreciate what he has done for me.”

Mercy, a full-time sports science student at the University of East London, said even winning the European title would not guarantee her a place in the Great Britain Olympic squad.

“My chances of getting to

Rio are even, the same as everybody else,” she said.

“But that’s what I have trained for and what I am aiming for and all I can do is my best in every event and hope that this is enough for me to achieve my dream of representing Britain at the Olympic Games.

“I have to get a combined total of at least 255 kilos in all three disciplines to stand any chance of going to Rio.

“Even then it is not certain I will be picked. That is all down to the selection committee. I can only do my best and hope that is enough.”

Mercy has always delivered the goods, ever since she started weightlifting and narrowly missed out on the bronze medal at her first Commonwealth Games in 2014.

Now comes her toughest test with the biggest prize of all at stake – and she wants to do it for George Manners.



Mercy Brown shows off her lifting prowess

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Repton old boys closer to showdown

Boxing

FORMER Repton club-mates Tom Baker and Frank Buglioni took a step closer to an all east London clash with convincing wins, 24 hours apart.

Baker maintained his unbeaten record with a clear-cut points decision over Jack Morris at Bethnal Greens York Hall, on Friday March 25.

It was his 13th win as a professional and another step towards bigger things for the starlet trained by Mark and Jimmy Tibbs.

Twenty four hours later at Wembley Arena,

Buglioni, who has now left the Frank Warren stable, made his light-heavyweight debut and stopped Olegs Fedotov in just 100 seconds.

It was an easy introduction to the heavier weight for the 26-year-old, who was outclassed when challenging for the world middleweight title in his last fight.

Now promoters will be hoping Buglioni and Baker continue to progress, setting up a showdown between the one-time club-mates.

On the same York Hall bill, Whitechapel-born Sammy McNess made it four wins in four as a pro with a points victory over Darryl Sharp.